



Annual Conference of IAAPS

AESURG 2026

22nd to 26th January 2026 | The Westin Mumbai Powai Lake



AESURG KALEIDOSCOPE

ਘੋਟੜੇ ਨੂੰ AESURG 2026





Messages from Dignitaries



Message From the *President's Desk*

My dear IAAPSIANS and AESURG26 delegates,

It gives me a sense of joy and pride to present the 2026 edition of AESURG. This is truly a coming-of-age event, the 21st edition of a conference first held in Kolkata in 2006.

It was always my dream to improve cooperation and camaraderie amongst our tiny fraternity, and to that end we present the national glue -IAAPS AESURG 26.

Several novel ideas are being implemented this time. For the first time, a dermato-plastic symposium will be held, with stalwarts from both specialities discussing the overlapping topics. This will deepen the understanding of pathology, aetiology and management concepts, and crucially, provide a map to navigate the grey zone bordering both specialities, using timely collaboration.

There will be several free workshops on "injectables" that will be of interest, especially to younger plastic surgeons. The video workshop on the last day will showcase operative videos by Masters, edited and curated for both, the discerning seniors as well as the curious young rising stars

As many as 5 breakaway halls will host lectures on every aspect of aesthetic surgery, doing justice to every enthusiastic presenter.

Plenary sessions, during the first half of each day, will feature the customary prestige orations as well as longer lectures by a galaxy of international faculty.

The IAAPS consents project, initiated by yours truly when I was secretary, has taken an important step forward when we unveiled the translation of IAAPS consents into seven major Indian languages, making them more relevant to our people. Similarly the wonderful Aesurg 26 – Plastiquet sensitised the younger clan to our enigmatic subspeciality. We also did a successful cadaver dissection workshop preceding the conference covering topics, not hitherto covered in such courses in India.



We are going to release Dr. Lakshmi Saleem's e-book on her experience as pioneering aesthetic surgeon on a solo self learning trip in comparatively smaller place. 'Mile Sur Mera Tumhara' is going to be a brilliant display of India's unity in cultural diversity. Aesurg 2026 idol will be a musical talent show of our members. The inaugural evening is edutainment with Aesurg 26 quiz. We promise scintillating evening entertainment to set the mood for bonhomie and fellowship.

We are honoured to host many past and present office bearers of IAAPS, BAPS, ASAPS, MSPRS and the Russian society, and other innovators and international stalwarts, many of whom would be visiting India for the first time. Participation of 600+ delegates from India as well as 12+ nations, 35+ international faculty alongside 120+ Indian faculty has made AESURG26 truly global.

The Aesurg app is not with year attached. It can be our own conference app for years to come.

The most beautiful phenomenon of AESURG26 is pan -India contribution from IAAPS members and the EC that has enabled the staging of this mega event.

We look forward to unfurling the National flag on republic day and flying the IAAPS flag high. The memory will be cherished forever.

Who thanks own family for participating in the festivities?

Long live IAAPS



Dr. Medha Bhawe
President

Message From

Organising Secretary

It gives me immense pleasure to invite all Delegates to the 21st Edition of the Annual Conference of the Indian Association of Aesthetic Plastic Surgeons (AESURG 2026) at Mumbai, India. With the theme of Initiate, Innovate and Inspire the team behind AESURG 2026 wants to initiate patient safety practices, promote innovation in aesthetic surgery and thereby inspire the young plastic surgeons to venture into the field of aesthetic surgery.

The beautiful Westin, Powai, provides the perfect setting for the best minds in the field of aesthetic surgery in India and abroad to meet, discuss ideas, break bread and enjoy the evenings enjoying the cultural extravaganza. We have strived to organize an amazing scientific program for all delegates, getting the most renowned speakers internationally for the meet, so you can ask pick their brains and get enriched by their experience.

The central location of the venue has been chosen to allow the accompanying spouses to enjoy the thoughtfully calibrated travel program to see local sights, explore the city delights and relax over dance and music every evening.

So go ahead and enjoy your experience at the AESURG 2026, Mumbai



Dr. Parag Telang
Organizing Secretary

Message From

Organising Secretary

On behalf of the organizing committee, it's my distinct pleasure to extend a warm welcome to all delegates for one of the biggest aesthetic surgery conference, AESURG 2026.

I extend my sincere gratitude to all the Faculty, Delegates, Trade partners, Vama team, Westin staff for making our conference a grand event,

The Theme of our conference is Initiate, Innovate & Inspire.

It's thrilling to present this souvenir, a testament to our collective efforts for AESURG 2026. May this publication capture the spirit of Initiate, Innovate & Inspire that defines our gathering. Enjoy the conference!"



Dr. Preetish Bhavsar
Organizing Secretary

Message From *Scientific Chair*

Dear esteemed colleagues and participants

It is with great honor and excitement that I welcome you to Aesurg 2026, the leading conference on aesthetic surgery, being held in the vibrant city of Mumbai. This event serves as a unique platform for the global exchange of knowledge, expertise, and innovations in the ever-evolving field of aesthetic surgery.

As the Scientific Chair, I am thrilled to present a carefully curated program that showcases the latest advancements, cutting-edge techniques, and emerging trends in aesthetic surgery. Our aim is to foster an environment of collaboration, learning, and inspiration, where professionals from all backgrounds can share insights and explore new frontiers in patient care and surgical artistry.

This conference offers residents a unique opportunity to engage with the latest advancements and shape the future of aesthetic surgery.

I look forward to engaging discussions, enriching interactions, and a collective drive to elevate the standards of aesthetic surgery worldwide.

Warm regards,



Dr Vinod Vij
Scientific Chair

International Faculty



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Dr. Moustapha Hamdi



Dr. Shailesh Vadodaria



Dr. Vakis Kontoes



Dr. Francisco Villegas



Dr. Amin Kalaaji



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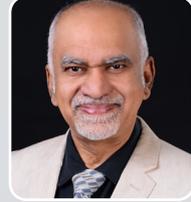
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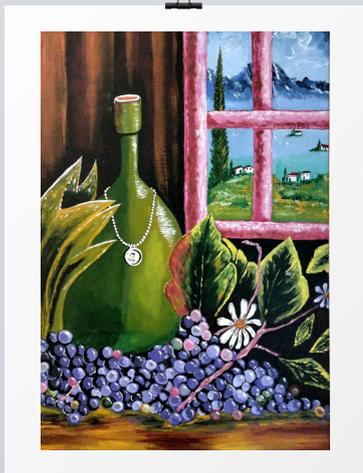
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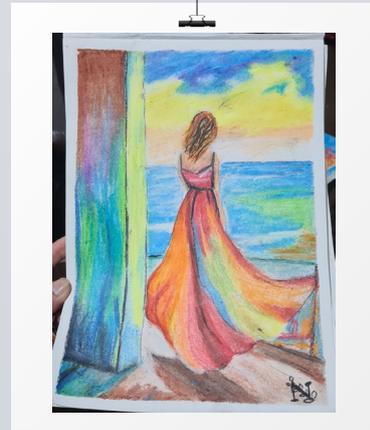
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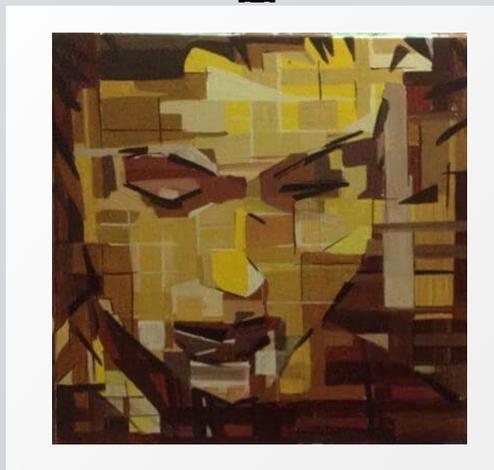


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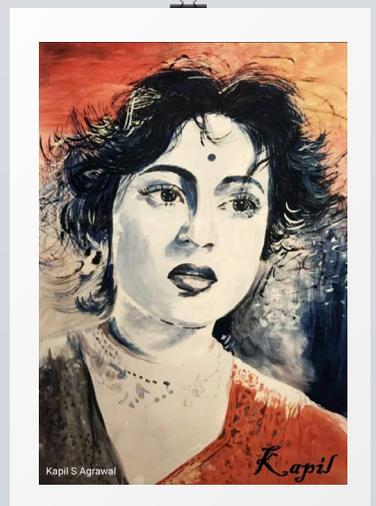
Colour Strokes



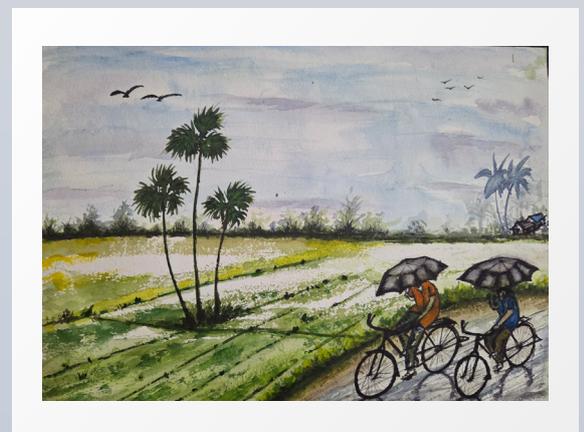
Dr Sheeja Rajan



Dr Nikita Chaudhary



Dr Kapil Agarwal



Dr Kader Kalathingal

Through A Glass Eye



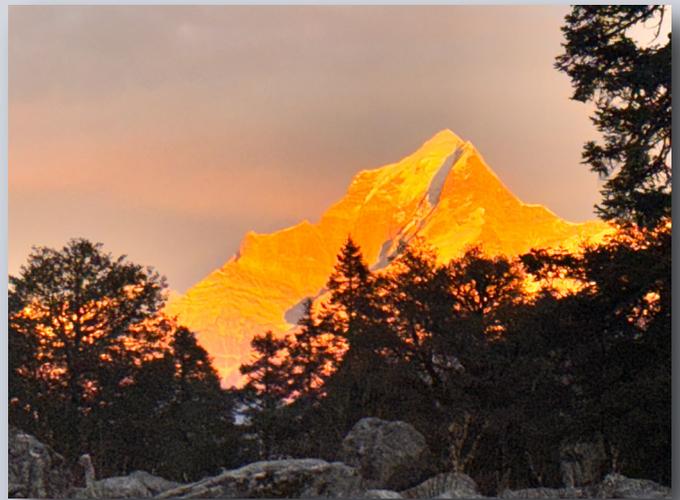
Dr Kiranmoy Sarang



Dr Kiranmoy Sarangi



Dr Kiranmoy Sarangi



Dr Manoj Kumar Garg

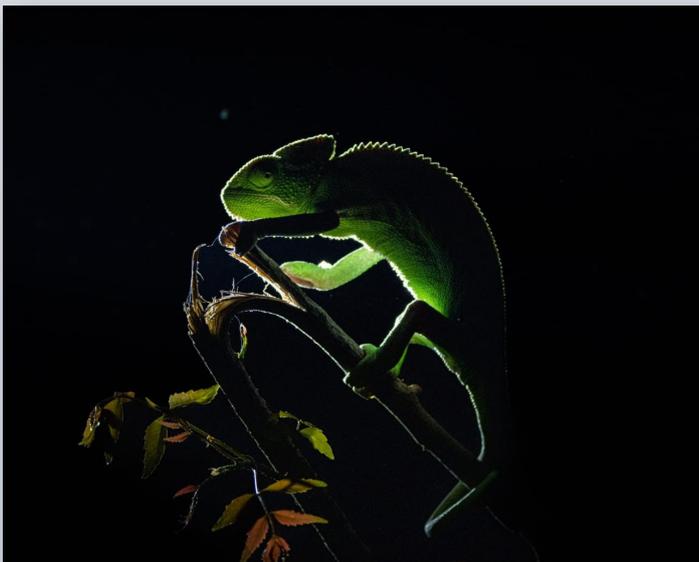
Through A Glass Eye



Dr Abhiram Mundle



Dr Kranti Mahajan

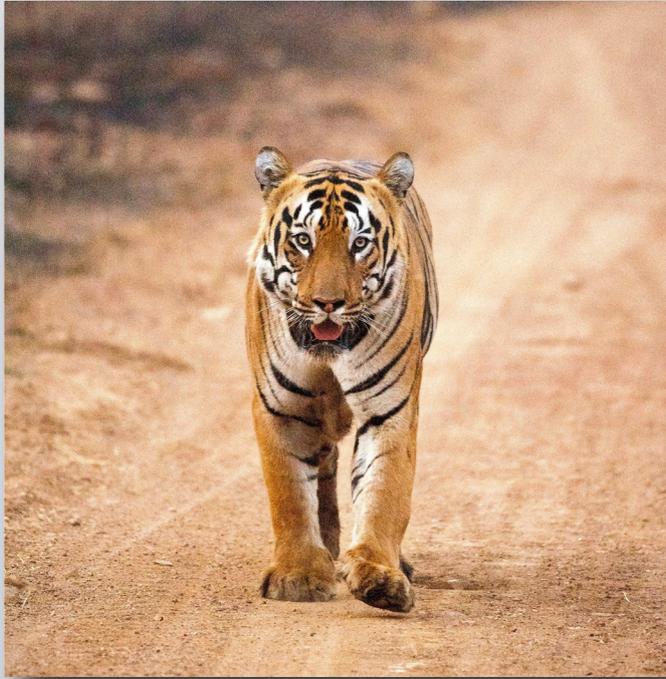


Dr Kranti Mahajan

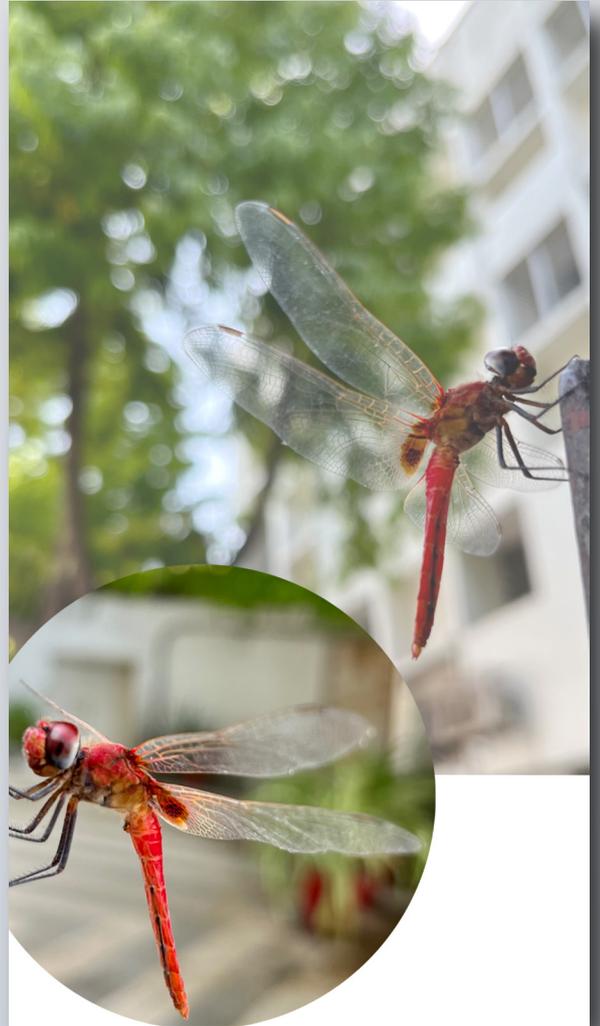


Dr Saumya Nayak

Through A Glass Eye



Dr Meet Poddar



Dr Prakher Kesharwani



Dr Laxmi Kanta Mishra



Dr Saumya Nayak

Credits for Consent Form

Consent Translation

Hindi

Dr Varsha Bundele
Dr. Priya Bansal.

Kannada

Dr Akshata Kamath, Mysore
Dr. Mayur Shetty.
Mrs. Nirmala Shetty. (M/O Dr Mayur)

Oriya

Dr Sanjay Giri
Dr Santosh Panigrahy
Dr Aparna Kanungo

Marathi

Dr Dhruv Chavan
Dr Swapna Athavle
Dr Pranjal Pandit
Dr Shivprasad Date

Telugu

Aparna
Dr Sunita
Dr Sreedhar
Dr Srilekha

Tamil

Dr Kovarthini
Dr Kavithapriya
Dr Poorani
Dr Sivakumar
Dr Bharathi

Malyalam

Dr Thara Augustine
Dr Najeeb Mohammed
Dr Sannia Salim
Dr Brien Thomas
Dr Joyal Jose

Dr Praveen AJ
Dr Aneesh Joseph
Dr Sharika Chandran

Common Consents

1. Consent for Anesthesia and Surgical operations -- Dr. Chintan Patel
2. Consent for blood transfusion-- Dr. Sudhir Navadiya
3. General Consent for Surgery -- Dr. Ketan Patel
4. Pre operative Assessment -- Dr. Sukan Kapadiya
5. Patient self declaration -- Dr. Mithun Panchal

Credits for Consent Form

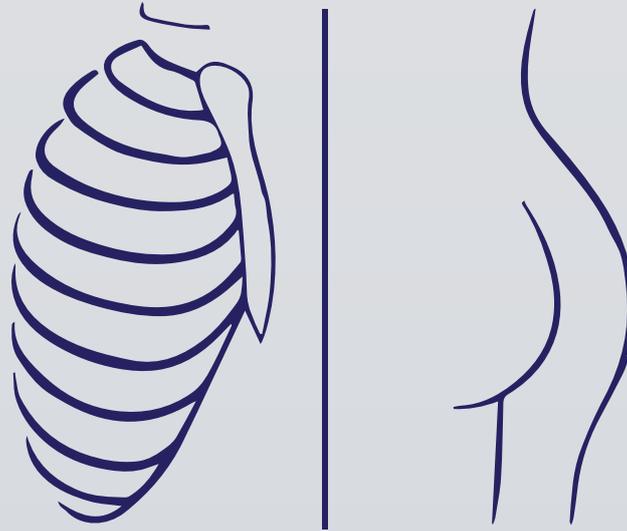
Specific Consents

- Abdominoplasty Part 1 - Dr. Ashit shah
- Breast Reduction - Dr. Bijal Parikh
- Breast Augmentation with Implant - Dr. Viral Patel
- Breast lift (Mastopexy) - Dr. Harsh Amin
- Cosmetic Genital surgery - Dr. Kedar Pandya
- Post massive weight loss body contouring - Dr. Ritesh Patel
- Rhinoplasty - Dr. Yogesh Bhatt
- Laser procedures - Dr. Hiren Bhatt
- Large volume liposuction -Dr. Saumya Naik
- Hair Restoration surgery - Dr. Gunjan Patel
- Gynecomastia - Dr. Siddharth Sakhiya
- Scar revision - Dr. Ashutosh Shah

AESURG 2026

CADAVER DISSECTION COURSE

20th January 2026



ESTEEMED FACULTY



DR. RAUL MANZANEDA
**Rib Moulding with Needle
X Car Technique**



DR. PARAG TELANG
Gluteal Implants



**Organisers - Department of Plastic Surgery -
Topiwala National Medical College with AESURG 26**

Workshop Chairs - Dr Uday Bhat | Dr. Medha Bhawe

**Conveners - Dr Udit Dalmiya | Dr Amit Peswani |
Dr Girish Mirajkar | Dr Sushrut and Dr Karishma**

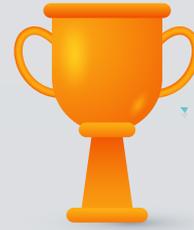
Online Relay - Surgicshare & Ajit



AESURG 2026 ACHIEVERS



Blog Winners



APRIL 2025 - BREAST REDUCTION

DR PRIYANKA TANDON

MAY 2025 - SAFETY IN LIPOSUCTION

DR PRETHEE MARTINA

JUNE 2025 - SAFETY CONSIDERATIONS IN HAIR TRANSPLANT

DR YASH THAKKAR

JULY 2025 - CAN BREAST IMPLANTS CAUSE CANCER

DR VIRAL PATEL

AUGUST 2025 - ANTI-AGEING THERAPIES

DR SHRUTI K SOMANI

SEPTEMBER 2025 - HOW SAFE ARE FILLERS

DR AAKANSHA VASHISTHA

OCTOBER 2025 - THE BENEFITS OF AI COSMETIC CLINICS

DR SHRUTI K SOMANI

OCTOBER 2025 - THE BENEFITS OF AI COSMETIC CLINICS

DR ANJANA ELANGOVAN

NOVEMBER 2025 - IS VAGINAL TIGHTENING EFFECTIVE?

DR MANVEER KAUR

DECEMBER 2025 - WHAT RHINOPLASTY CAN AND CAN'T DO

DR. PEERZADA UMAR FAROOQ



Logo Competition



Dr Nanthini Dhevi



AESURG 2026 - Plastiquet Challenge



Dr Likitha Singh

Winner

Dr Prakher Kesharwani

Winner

Dr Revathi

Runner up

Dr Sri Chandana

Runner up

Dr Laxmi Palukuri
Scientific Director

Dr V Bhattacharya
Chief Patron

AsthetIQ 2026 - Aesthetic Surgery Quiz



Dr Ranitha Ravindranath

Winner

Dr Tawheed Ahmad

Winner

Dr Karishma

Runner Up

Dr Preethi

Runner Up

**Dr Sheeja Rajan
Quiz Master**

**Dr Udit Dalmia
Quiz Master**

Painting Competition Winners

Dr Kader Kalathigal



Dr Kapil Agarwal

Photography Winners



Dr Kiranmoy Sarangi

Dr Meet Poddar

Dr Saumya Nayak

AESURG IDOL



Ms Ruta Bhave

Winner

Dr Anand Joshi

1st Runner up

Dr Aparna Kanungo

2nd Runner up

Dr Ashutosh Soni

2nd Runner up



*Sculptor's Trail
Marathon*

Dr Mathura P. Agrawal

Dr Aman

Dr Amey Pednekar

Yoga and Meditation Masters



Dr Anjali Saple

Dr Ambika Arasu

Dr Kavita Agarwal



Glimpses into AESURG 2026

Title: Addressing Challenges in Revision Asian Blepharoplasty: Experience from 50 Consecutive Cases

Author and Affiliation: Dr. Nehar Sinam
Plasticity Imphal, New Tech Nursing Home, Imphal

Background:

The surge of Asian blepharoplasty performed by unqualified practitioners—including general physicians, dentists, and dermatologists—has led to a growing number of complications and aesthetic deformities. Revision blepharoplasty presents unique challenges owing to altered anatomy, fibrosis, and patient distrust. Increasing number of revision blepharoplasties have provided us a progressive understanding of eyelid dynamics.

Objectives:

To analyze the spectrum of deformities encountered following failed primary blepharoplasty, review corrective techniques employed, and outline key lessons for achieving natural and symmetrical eyelid restoration.

Methods:

A retrospective analysis was performed on fifty consecutive patients undergoing revision upper blepharoplasty between 2024 and 2025 at Plasticity Imphal. Data recorded included patient demographics, primary surgeon type, nature of deformity, surgical approach, and postoperative outcomes. Objective assessment included crease height measurements and levator function, while subjective satisfaction was recorded on a 5-point Likert scale. All procedures were performed under local anaesthesia, using loupe magnification, employing individualized techniques such as revised fold height planning, scar excision, high crease sutures release, crease reformation, and levator readjustment.



**Results:**

Common deformities included asymmetry, 82%, high or multiple creases (46%), visible scars (42%), ptosis (38%), and hollow upper sulcus (14%). The mean follow-up was 4 months. Good-to-excellent satisfaction was achieved in 86% of patients, while 5 cases (10%) required another revision. No major complications occurred. Patients previously operated by non-plastic surgeons showed more severe deformities and lower initial satisfaction.

Conclusion:

Revision blepharoplasty is a delicate reconstructive art requiring anatomical precision and realistic patient counselling. Understanding common causes of failure, restoring volume, and recreating an appropriate crease are key to achieving natural results. Preventive awareness and stricter regulation of aesthetic eyelid surgery are urgently needed.

Keywords:

Asian Blepharoplasty · Revision Surgery · Upper Eyelid Complications · Patient Satisfaction





Title

Optimizing Postoperative Pain Management in Abdominoplasty: A Multimodal and ERAS-Based Approach - Nerve blocks

Authors and Affiliations

Dr. Guru Karna Vemula* – Director, Personiks Cosmetic & Plastic Surgery, Hyderabad, India. (*Presenting Author)

Background

Abdominoplasty is associated with significant postoperative pain arising from incisions, muscle plication, and liposuction, which can impair recovery, ambulation, and overall outcomes. Poor pain control increases the risk of complications such as deep vein thrombosis, pulmonary compromise, and chronic pain syndromes.

Objectives

To evaluate the role of multimodal analgesia and Enhanced Recovery After Surgery (ERAS) protocols in improving postoperative pain management, minimizing opioid use, and facilitating early recovery in abdominoplasty patients.

Methods

Evidence-based strategies were reviewed, including preemptive analgesia (paracetamol, NSAIDs, gabapentinoids), intraoperative techniques (local infiltration, ultrasound-guided Transversus Abdominis Plane [TAP] blocks, liposomal bupivacaine), and postoperative regimens (NSAIDs, limited opioids, gabapentin). Non-pharmacologic adjuncts such as early mobilization, abdominal binders, semi-Fowler's positioning, and cryotherapy were integrated. Dosage safety guidelines for local anaesthetics were also emphasized.

Results

Multimodal analgesia significantly reduced pain scores, opioid requirements, and hospital stay. TAP blocks provided superior analgesia compared to local infiltration, with extended relief using liposomal bupivacaine (up to 72 hours). Incorporation of ERAS protocols led to faster ambulation, improved patient comfort, and reduced postoperative complications.

Conclusion

A multimodal, ERAS-based pain management protocol in abdominoplasty optimizes recovery, minimizes opioid reliance, and enhances patient satisfaction. Regional anesthesia techniques, particularly TAP blocks, should be considered a cornerstone of modern postoperative analgesia in body contouring surgery.

Keywords

Abdominoplasty, Pain Management, TAP Block, Multimodal Analgesia, ERAS Protocol



Title: Single Vascular Pedicle Laparoscopic Sigmoid Colonic Vaginoplasty in Male-to-Female Gender Affirmation Surgery

Authors: Dr. Salil Patil* (MCh Plastic Surgery), Dr. Vivek Kulkarni (MS General Surgery)

***Presenting Author**

Vaginoplasty in male-to-female (MTF) gender affirmation surgery often utilizes colonic segments for neovaginal construction due to their natural lubrication and depth. Traditional techniques rely on multiple vascular pedicles, which can complicate mobilization and increase operative complexity. This study introduces a novel single vascular pedicle approach using the sigmoid colon, preserving only the first sigmoid vessel while ligating others, to enhance procedural efficiency while maintaining viability.

Methods:

Between June 2024 to May 2025, 5 patients who underwent laparoscopic sigmoid colonic vaginoplasty at our institution were included in the study. Under general anaesthesia, a 25 cm sigmoid segment was harvested laparoscopically. Vascular supply was streamlined to a single pedicle by preserving the first sigmoid vessel and ligating distal branches. Careful extensive dissection was performed along the mesentery to ensure optimal motility and reduce bulk, facilitating tension-free transposition. The segment was mobilized to the perineum with ease and anastomosed to form the neovagina, with proximal closure & fixation to the sacral promontory and distal fixation to the pelvic floor. Postoperative care included antibiotics, early ambulation, and dilation protocols.

Results:

All five cases demonstrated successful mobilization of the colonic segment to the perineum without vascular compromise or tension. Intraoperative time averaged 6 hours, with no instances of ischemia, necrosis, or excessive bulk hindering placement. Follow-up ranged from 6-18 months, revealing preserved neovaginal depth, adequate lubrication, and patient-reported satisfaction in function & appearance. No complications, including infection, fistula, prolapse, or stenosis, were observed in any patient to date.

Conclusion: The single vascular pedicle sigmoid colonic vaginoplasty offers a streamlined, reproducible technique with enhanced ease of mobilization and reduced bulk through meticulous dissection. Preliminary results in this small series suggest excellent safety and efficacy, warranting further investigation in larger cohorts to validate long-term outcomes in MTF gender affirmation surgery.

Keywords: Sigmoid colon Vaginoplasty, Gender reaffirmation, bottom surgery



Title:

Restoring Symmetry through Asymmetry: A Structured Approach to Crooked Nose Correction Using Asymmetric Osteotomies and Spreader Grafts

Authors and Affiliations: Dr. Mayur Shetty, Consultant Plastic Surgeon, Manipal Hospital

Background

Crooked nose deformities pose a significant challenge, demanding restoration of both airway and aesthetic midline harmony. Traditional symmetric techniques often fail to address the inherent three-dimensional deviation of bony and cartilaginous components.

Objectives

To describe a planned asymmetric surgical strategy employing tailored osteotomies and asymmetric spreader grafts to achieve durable midline realignment and functional restoration.

Methods

A series of 30 patients, over a period of one year, with moderate-to-severe nasal deviation underwent open rhinoplasty with planned asymmetric lateral osteotomies—longer and lower on the concave side—and asymmetric spreader grafts to restore dorsal balance. Piezotome was used in all cases with manual osteotomies used only for completion of break in few cases. 3 patients with severe post traumatic deviation underwent trans-osseous sutures to keep the bony framework narrow and in the midline. Caudal septal deviation was corrected using a septal extension graft anchored to the anterior septal angle once the septum was stabilized to the ANS. Tip reshaping with inter-domal, trans-domal sutures and rarely Gruber stitches along with cap/ shield grafts to enhance the tip defining points.

Results

Mean dorsal deviation improved in 90%. Aesthetic straightness was maintained in 90% of patients, with no residual deformity. Recurrence of deformity or residual deformity was noted in two cases.

Conclusions

Crooked nose correction often requires deliberate asymmetry to restore harmony. Planned asymmetric osteotomies and spreader grafts enable precise realignment of the bony pyramid and dorsal aesthetic lines, achieving predictable functional and aesthetic results. A low threshold for rib cartilage graft is absolutely essential to achieve satisfactory results.

Keywords:

Rhinoplasty, crooked nose, septal deviation, spreader grafts, piezotome

Title:

Safety And Efficacy Of Wuringer's Septum-Based Breast Reduction In Indian Patients.

Author: Dr Milan Doshi

Presenting author : Dr Milan Doshi

Alluremedspa, Mumbai, Maharashtra, India

Aim:

Preserving nipple areola complex with sensation in massive breast reduction

Material:

32 cases done in 5 years

Inclusion criteria : Resection of more than 1.2 kg on each side.

Exclusion criteria: Small and medium sized breasts were not included in the study.

Method:

A retrospective analysis of 32 patients who underwent septum-based breast reduction performed by a single surgeon. This technique uses a medial pedicle based on Würinger & horizontal septum, which carries the main nerve supply to the nipple in addition to intercostal perforators.

The patients were followed up ranged from 6 months to 3 years. Aesthetic satisfaction assessment scale covering 10 points was used to assess results. Patients along with the surgeon assessed the post op result based on shape size volume, NAC sensation and scar on a scale of 1-10. 10 being the highest score.

Results:

Minimum resection was 1200 g . Out of 64 breasts operated ,41 breasts had intact sensation.15 breasts had reduced sensation regained over course of follow up. 8 breasts had loss of sensation with improvement in 4 breasts over time and 1 breast had loss of unilateral NAC due to necrosis. Average score in patient satisfaction was 8. pedicle length ranged from 12- 25cm with mean of 18cm.

Discussion:

Two challenges in Massive Breast Reduction are either Wide random pattern pedicle and free nipple areola graft. Wide random pattern pedicle has a disadvantage of Large residual volume. Free nipple areola graft has limitations of Loss of special sensation and Loss of entire graft entailing additional morbidity. This technique tends reduce the massive breasts and achieve desired smaller size with preserved NAC sensation and speedy recovery. Based on a well-vascularized and constant anatomical septum, a septum-based pedicle is safe, even in large breasts. The final shape of the breast needs improvements to increase patient and surgeon satisfaction.

Conclusion :

Wuringer's septum-based breast reduction safe and efficacious procedure for massive breast reduction(-gigantomastia) .Better anatomical understanding of Wuringer allows us to preserve NAC with intact sensation without the need of free nipple areola graft even in very long pedicles .

Title of Presentation: New Design of nasal osteotomy to achieve superior aesthetic results.

Author/s: Udit Dalmia, Uday Bhat

Introduction:

In conventional nasal osteotomy, upper-limit of lateral and medial osteotomies, and transverse osteotomy are restricted to medial-canthal level. This may not produce aesthetically pleasing outcome, resulting in discrepancy of width in regions above and below nasion; producing - . We believe that transverse osteotomy design instead of horizontal, needs to be oblique with the medial end shifted more superiorly towards the dorsal aesthetic line to ensure a natural transition of supra-orbital-ridge and nasal bone. Paramedian osteotomy also needs to shift laterally and superiorly along dorsal aesthetic line.

Methodology: Surgical technique

Following routine exposure with closed/ open approach, following sequence of (postagestamp) osteotomies is done:

1. Lateral osteotomy; begins cranial to (high-low-low)
2. Extended paramedian osteotomy: In men: obliquely placed, and lies 3mm from the midline In Women: parallel to midline, and lies 2 mm from midline In both: It diverges along the dorsal aesthetic line cranially beyond the level of medial canthus for 4-5mm towards the supraorbital ridge.
3. Inclined transverse osteotomy; from upper-end of lateral osteotomy to upper-end of extended-paramedian-osteotomy

The inward movement of nasal bone achieved is a hinge- movement rather than a complete displacement of nasal bones inside.

We first performed a study on 20 cadavers (40hemi-noses) to check for the safety of new osteotomy designs. Distances of osteotomy lines from the surrounding vital structures were measured using digital-vernier-caliper.

Subsequently, in 46 patients (18 male & 28 female), we performed osteotomies for dorsal hump reduction (11 cases), deviated nose (19), and broad base (16).

Results:

In the cadaveric study it was found that these designs have an adequate margin of safety from all the surrounding vital structures (shortest distance: 8mm)

Vital-Structure	Mean Distance (millimeters)
Cribriform-plate	12.633
Medical-canthal-ligament	9.095
Naso-lacrimal-duct	10.12
Lacrimal-sac	8.3
Frontal-sinus	5.69

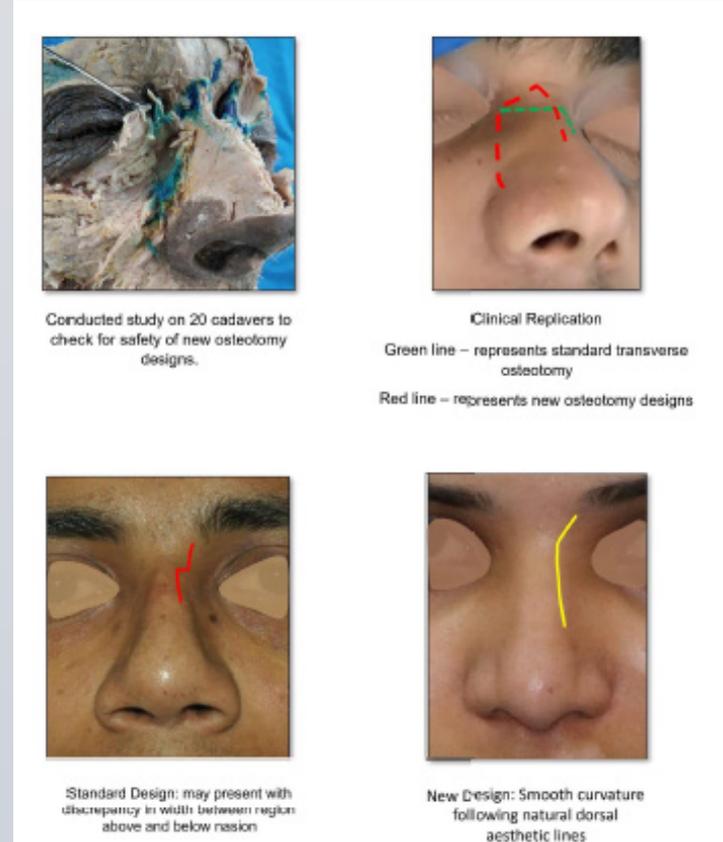
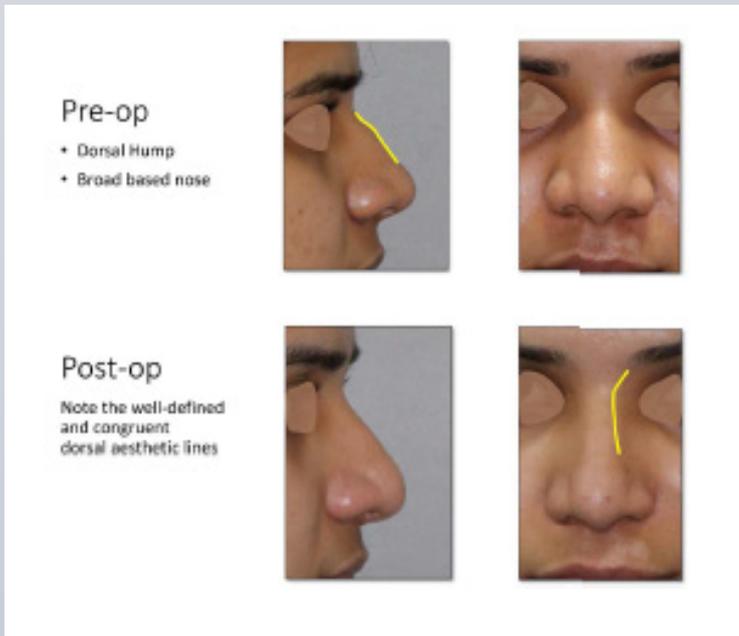
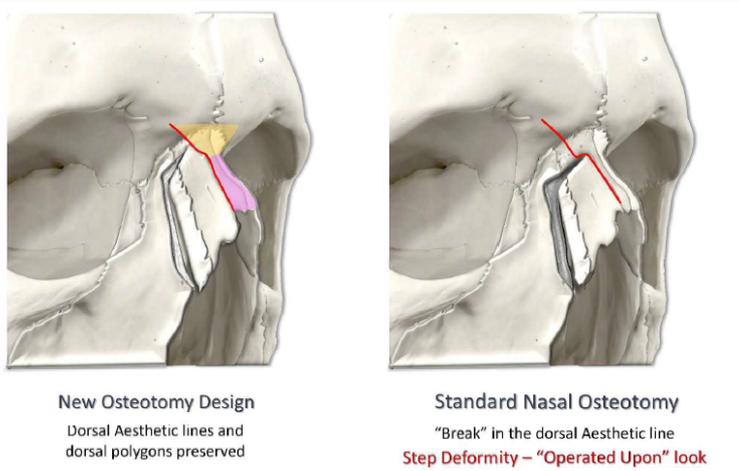
Clinical replication of the study showed marked improvement in aesthetic results and reaffirmed safety.

Discussion:

This osteotomy design is in accordance with Polygon-Concept-of- kir i.e. the dorsal aesthetic lines extend beyond the medial-canthal-line along the edges of Glabellar Polygon, and this design is also modified to suit the Indian-Nose.

Conclusion:

Modified osteotomy design is completely safe and helps in achieving aesthetic goals by providing more congruent and natural dorsal aesthetic lines. It is recommended in all patients requiring nasal osteotomy.





SCIENTIFIC PROGRAM

SCIENTIFIC PROGRAM

DAY 1 : THURSDAY 22nd JANUARY, 2026

TIME	TOPIC	SPEAKER
	Convenors : Dr Saumil Shah, Dr Priti Shenai	
03:00 PM - 03:12 PM	Pigmentary Disorders : Patho Physiology and Diagnosis	Dr Bhavini Lodaya
03:12 PM - 03:24 PM	Facial Melanosis Assessment And Management	Dr Manjiri Jagtap
03:24 PM - 03:36 PM	Periorbital Hyperpigmentation	Dr Jyotsana Deo
03:36 PM - 03:56 PM	Panel Discussion on Periorbital Rejuvenation	Panelist : Dr Kuldeep Singh, Dr Ajay Hariani, Dr Bhavini Lodaya, Dr Jyotsana Deo
03:56 PM - 04:08 PM	Skin Care In Plastic Surgery Patients	Dr Malavika Kohli
04:08 PM - 04:20 PM	Acne ;causes, management Of Active Acne and Acne Scars	Dr Ojas Kulkarni
04:20 PM - 04:40 PM	Panel Discussion on Acne Management	Panelist : Dr Ojas Kulkarni Dr Sushil Sawant, Dr Ajay Hariani
04:40 PM - 04:52 PM	Chemical Peels - A Versatile and Cost Effective Tool	Dr Ameesha Mahajan Shah
04:52 PM - 05:04 PM	Advances in skin rejuvenation ; PDRN and skin booster	Dr Priti Shenai
05:04 PM - 05:16 PM	Exosomes for Skin and Hair	Dr Viral Desai
05:16 PM - 05:28 PM	Toxins -Basic Science and Indications	Dr Narendra Kumar
05:28 PM - 05:48 PM	Neuromodulator; Complications,prevention and Management	Dr Kuldeep Singh
05:48 PM - 06:08 PM	Panel Discussion on Toxins and Fillers	Panelist : Dr Kuldeep Singh, Dr Priti Shenai, Dr Neetu Rajdeo, Dr Ameesha Mahajan, Dr Ashit Shah
06:08 PM - 06:20 PM	Hirsutism Assessment and Management (Focus On Lhr)	Dr Neetu Rajdeo

SCIENTIFIC PROGRAM

DAY 1 : THURSDAY 22nd JANUARY, 2026

TIME	TOPIC	SPEAKER
06:20 PM - 06:40 PM	Panel Discussion on Lhr;optimising Care	Panelist : Dr GK Shah, Dr Neetu Rajdeo
06:40 PM - 06:52 PM	IV Rejuvenation	Dr Geetanjali Shetty
06:52 PM - 07:04 PM	Nail- How To Nail The Nail Disorders	Dr Tejal Patel
07:04 PM - 07:16 PM	Importance Of Dermatoplastic Collaboration	Dr Ashit Shah
40 mins	Quiz	Dr Sheeja Rajan
40 mins	Musical Housie	Dr Ajay Hariani
20 mins	Single Malt Appreciation	Dr Parag Sahasrabudhe
08.00 PM	Inauguration	
09:00 PM	Tabla Rendition	Dr Pranjal Pandit
09:30 PM	Kathak Performance	Dr Juhi Agarwal Dr Nidhi Kandoi Guru Subhashree Dasgupta



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

MASTER CLASS

TIME	TOPIC	SPEAKER
07.00 AM - 08.00 AM	Master Class - 1 Vertical scar mastopexy. 30yrs experience	Dr Moustapha Hamdi
07.00 AM - 08.00 AM	Master Class - 2 Nuances in Blepharoplasty	Dr Paraskevas Vakis Kontoes
07.00 AM - 08.00 AM	Master Class - 3 TULUA Abdominoplasty	Dr Francisco Villegas
07.00 AM - 08.00 AM	Master Class - 4 Hair Transplant	Dr Manoj Khanna
07.00 AM - 08.00 AM	Master Class - 5 Adipogenesis	Dr Narendra Kumar



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

TIME	TOPIC	SPEAKER
08:00 AM - 08:30 AM	Breakfast	
08:30 AM - 10:05 AM	1st Plenary Session - Face	
	Chair : Dr Manoj Khanna, Dr Ashish Davalbhakta, Dr Matt Yeo	
08:30 AM - 08:45 AM	KEY NOTE ADDRESS - Deep plane face lift	Dr Samir Ghoraba
08:45 AM - 09:05 AM	V SMAS Plication Technique PROF MATHANGI RAMKRISHNAN ORATION	Dr Paraskevas Vakis Kontoos
09:05 AM - 09:20 AM	AM Lift	Mr Ajay Mahajan
09:20 AM - 09:35 AM	Does the Deep plane make difference	Mrs Nora Nugent
09:35 AM - 09:50 AM	Simple and effective facelift in Indian patients	Dr Sanjay Parashar
09:50 AM - 10:00 AM	Electric Deep plane facelift : a personal approach	Dr Chiara Botti
10:00 AM - 10:15 AM	Esthetic Plastic Surgery- What Now and Next - An auto biographical outsiders view	Dr Ravin Thatte
10:15 AM - 10:30 AM	Art in Plastic Surgery	Prof. Natalia Manturova
10:30 AM - 11:00 AM	TEA TIME	
11:00 AM - 01:30 PM	2nd Plenary session - Face	
	Chair : Dr Milind Wagh, Dr Jayant k Dash, Dr Preetish Bhavsar	
11:00 AM - 11:15 AM	KEY NOTE ADDRESS - Achieving finesse in 4 lid Blepharoplasty	Dr Aditya Aggarwal
11:15 AM - 11:35 AM	Tip trick Rhinoplasty DR U S NAYAK ORATION	Dr Fransisco Villegas
11:35 AM - 11:50 AM	Decalogue - for a successful Rhinoplasty	Dr Venkatramana Yamani
11:50 AM - 12:05 PM	Presto facelift	Dr Wolfgang Funk
12:05 PM - 12:15 PM	Transconjuntival Blepharoplasty with micrograft:current best practice	Dr T M Lin
12:15 PM - 12:30 PM	Beyond the obvious - innovations born from challenges in structural Rhinoplasty	Dr Kapil Agarwal

SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

TIME	TOPIC	SPEAKER
12:30 PM - 12:40 PM	Facial fat grafting	Dr Parag Sahasrabudde
12:40 PM - 12:50 PM	Deep plane face lift 76 cases in last two years	Dr Anand Shivrajan
12:50 PM - 01:00 PM	Use of nostril shape as a guide for augmentation of nose	Dr Ashish Davalbhakta
01:00 PM - 01:10 PM	Structural or Preservation or Hybrid Rhinoplasty : How to Decide?	Dr Sunil Gaba
01:10 PM - 01:20 PM	Hump reduction -Nair hospital technique	Dr Uday Bhat
01:20 PM - 01:32 PM	Pearls of preservation Rhinoplasty	Dr Tarush Gupta
01:32 PM - 02:15 PM	Lunch Masterclass : A) Implant malpositions B) Safe and effective lower blepharoplasty	Dr Chiara Botti
02:00 PM - 06:40 PM	Break away Session	



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL A

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Debate – Role of social media in practice Chair : Dr Umang Kothari	Dr Sandeep Sharma/ Dr Shilpi Bhadani/ Dr Mahesh Nair/ Dr Jayanthi Ravindran
	Chair : Dr Sandeep Sharma, Dr Jayanthi Ravindran, Dr Shilpi Bhadani	
02:50 PM - 03:00 PM	Assessing of aging signs and symptoms and strategies for treatment	Dr Paraskevas Vakis Kontoes
03:00 PM - 03:10 PM	Balancing periorbital rejuvenation	Mrs Nora Nugent
03:10 PM - 03:20 PM	Periorbital augmentation for correction of tired eyes	Dr Ashish Davalbhakta
03:20 PM - 03:30 PM	Three approaches to treat tear trough deformities and li"s -cheek junction	Dr TM Lin
03:30 PM - 03:40 PM	Elaboration of a Combined Deep Plane and High SMAS method for Facial Rejuvenation Surgery	Dr Verbo Elena
03:40 PM - 03:50 PM	Facial Anthropometric Analysis in Aesthetic Medicine: Toward a New Method for Assessing Visual Proportions	Dr Avdoshenko Ksenia
03:50 PM - 04:00 PM	Augmentation Blepharoplasty	Dr Biblash babu
04:00 PM - 04:10 PM	Facial rejuvenation with multi-modal approach	Dr Mahesh Nair
04:10 PM - 04:25 PM	Tea Time	
	Chair : Dr Sanjay Parashar, Dr Karishma Kogadu, Dr Nitin Sethi	
04:25 PM - 04:35 PM	Large volume lipofilling of face	Dr Karthik Ramasamy
04:35 PM - 04:45 PM	Face lift SMAS plication my experience	Dr Venkata Ramana
04:45 PM - 04:55 PM	Asian Eyelid Blepharoplasty- refining techniques for better outcome	Dr Sajal Halder
04:55 PM - 05:05 PM	Laser assisted Blepharoplasty	Dr Vermula Gurukarna

SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL A

TIME	TOPIC	SPEAKER
05:05 PM - 05:15 PM	Sliding genioplasty	Dr Sanjay Mahendru
05:15 PM - 05:25 PM	Cranial bone grafts in aesthetic surgery	Dr Abbas Mistry
05:25 PM - 05:35 PM	A Step by step approach to full face rejuvenation	Dr Prashantha Kesari
05:35 PM - 05:45 PM	Evolving Aesthetic frontiers in body contouring : A plastic surgeon's experience in Riyadh	Dr Mohd Tafazul Sheikh
05:45 PM - 05:55 PM	Modified Nasal Osteotomy using a punch	Dr Amit Peswani
05:55 PM - 06:05 PM	Use of Single Inverted T–Autologous Graft to Correct Nasomaxillary Hypoplasia and Provide Tip Projection in Binder's Syndrome	Dr Karan Shetty
06:05 PM - 06:11 PM	Exploring the Versatility of Transconjunctival Blepharoplasty- Sutureless	Dr Gautam Chaudhury
06:11 PM - 06:17 PM	Auricular Composite Grafts for Nasal Ala Reconstruction in Fitzpatrick III–V Noses	Dr Vidhi Mehta



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL B

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Panel Discussion: Deep plane facelift vs. SMAS facelift Chair : Dr Anand Sivadasan, Dr Ashish Magdum	Dr Milind Wagh/ Dr Parag Telang/ Dr Samir Ghoraba/ Dr Chiara Botti Mr Ajay Mahajan
	Chair : Dr Nitin Mokal, Dr Uday Bhat, Dr Udit Dalmia	
02:50 PM - 03:00 PM	Osseous genioplasty	Dr Sudhakar Prasad
03:00 PM - 03:10 PM	Deviated Nose	Dr Rahul Amble
03:10 PM - 03:20 PM	Hybrid Inverse approach for rhinoplasty	Dr Venkatesh
03:20 PM - 03:30 PM	Septal extension graft	Dr Dhananjay Nakade
03:30 PM - 03:40 PM	TBD	TBD
03:40 PM - 03:50 PM	Cartilage graft for rhinoplasty	Dr Rajendra Nehete
05:05 PM - 05:15 PM	Caudal nasal reconstruction	Dr Derick Jose
03:50 PM - 04:00 PM	Role of PDS plate in rhinoplasty	Dr Sanjay Mahendru
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr Sudhakar Prasad, Dr Kapil Agarwal, Dr Prashantha Kesari	
04:15 PM - 04:25 PM	Ultra diced cartilage	Dr Vitthal Lahane
04:25 PM - 04:35 PM	Cleft rhinoplasty	Dr Raja Shanmuga Krishnan
04:35 PM - 04:45 PM	Transcending boundaries in difficult aesthetic rhinoplasty	Dr Rajiv Agarwal
04:45 PM - 04:55 PM	Steps for safer conventional rhinoplasty	Dr Alexander Kutubidze
04:55 PM - 05:05 PM	Primary Rhinoplasty of crooked nose	Dr Aganesov George
05:15 PM - 05:25 PM	Evaluation of functional outcomes of secondary Rhinoseptoplasty	Dr Lipskiy Konstantin
05:25 PM - 05:35 PM	Secondary Rhinoplasty. Features of aesthetic reconstruction	Dr Glushko Alexander

SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL B

TIME	TOPIC	SPEAKER
05:35 PM - 05:45 PM	Secondary Rhinoplasty	Dr Akshay K Raut
05:45 PM - 05:55 PM	TBD	TBD
05:55 PM - 06:05 PM	Suboptimal septorhinoplasty /complications and rectifications	Dr Mohan Jagde
06:05 PM - 06:15 PM	Challenges In Thick Skin Rhinoplasty: Strategies for Optimal Aesthetic Outcomes	Dr S.Mohammed Nishar



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL C

	TOPIC	SPEAKER
	Chair : Dr James Roy Kanjoor, Dr Nitin Ghag, Dr Bibilash Babu	
02:30 PM - 02:40 PM	Subperimetric augmentation mammoplasty: long -term results	Dr Marinicheva Irina
02:40 PM - 02:50 PM	Revision surgery of ruptured breast implant	Dr Malygin Sergei
02:50 PM - 03:10 PM	Philosophy of how we approach full Facial Feminisation in a single step	Dr Wolfgang Funk
03:10 PM - 03:30 PM	Panel Discussion : Chest masculinization Chair : Dr James Roy Kanjoor, Dr Nitin Ghag, Dr Bibilash Babu	Panelist : Dr Nitin Ghag, Dr Arjun Asokan Moderator : Dr Umang Kothari
03:30 PM - 03:45 PM	Care , cover and legal support for GA surgeon	Dr Sanjay Sharma
03:45 PM - 04:00 PM	Spectrum of gender care surgeries	Dr Umang Kothari
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr Wolfgang Funk,Dr Umang Kothari, Dr Arjun Asokan	
04:15 PM - 04:30 PM	Facial Feminization in Gender reaffirmation	Dr Arjun Asokan
04:30 PM - 04:50 PM	Panel on MTF Vaginoplasty and FTM Phalloplasty Chair : Dr Wolfgang Funk,Dr Umang Kothari, Dr Arjun Asokan	Panelist : Dr Nitin Ghag and Dr Anand Joshi Moderator : Dr Umang Kothari
04:50 PM - 05:00 PM	Facial Feminization in gender reaffirmation	Dr Arjun Asokan
05:00 PM - 05:10 PM	Transaxillary non endoscopic Breast Augmentation in gender identity disorder	Dr Salil Patil
05:10 PM - 05:20 PM	MTF top surgery salient features	Dr Anand Joshi



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL C

TIME	TOPIC	SPEAKER
05:20 PM - 05:30 PM	Male to female transition - what a beginner young surgeon should know	Dr Atul Sharma
	Chair : Dr Mahesh Prabhu , Dr Kiran Naik, Dr Sandeep Jain	
05:30 PM - 05:40 PM	Gender geometry and novel technique to harmonise liposuction and lipofilling to construct abdominal aesthetics in trans men	Dr Shivangi Saha
05:40 PM - 05:50 PM	Holistic Strategies in Vulvo-Vaginal Rejuvenation: Integrating Surgery, Energy Devices, and Regenerative Medicine	Dr Sourabh Rawat
05:50 PM - 06:00 PM	A synergistic approach :Labial fat grafting combined with vaginoplasty for enhanced genital aesthetics and function	Dr Prajwal Rao
06:00 PM - 06:10 PM	Masculinization of Breast in Transmen-Our Experience in A Tertiary care centre	Dr Rohit Munot
06:10 PM - 06:20 PM	Revolutionising intimate wellness: insight into radio frequency and electrical muscle stimulation for female genital rejuvenation	Dr Smriti Nathani
06:20 PM - 06:30 PM	Single vascular pedicle laparoscopic sigmoid colonic vaginoplasty in male to female	Dr Salil Patil
06:30 PM - 06:40 PM	Tips to improve results from female to male top surgery	Dr Ashutosh Shah



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL D

TIME	TOPIC	SPEAKER
	Chair : Dr Sunil Arora, Dr V.S. Rathod, Dr Viral Desai	
02:30 PM - 02:40 PM	Choosing the right candidate for hair Transplant	Dr Manoj Khanna
02:40 PM - 02:48 PM	Principles of Extraction	Dr Aniketh Venkatraman
02:48 PM - 02:56 PM	Overview of Various Techniques of Implantation	Dr Dayanand L
02:56 PM - 03:04 PM	Creating the perfect and natural Hairline	Dr Sunil Arora
03:04 PM - 03:12 PM	Death after hair transplant	Dr Anand Joshi
03:12 PM - 03:20 PM	Female Hair Transplant, differences from male transplant	Dr Sumit Agarwal
03:20 PM - 03:28 PM	Giga sessions- 6000 plus grafts in one session	Dr Viral Desai
03:28 PM - 03:38 PM	Complications of hair transplant- Prevention and Management	Dr Umang Kothari
03:38 PM - 03:46 PM	Donor area beyond the scalp	Dr Suneet Soni
03:46 PM - 03:54 PM	Beard, moustache, and Eyebrow restoration	Dr Sumit Agarwal
03:54 PM - 04:02 PM	An overview of the importance of frontal hairline design	Dr Charu Sharma
04:02 PM - 04:17 PM	Tea Time	
	Chair : Dr Dayanand L, Dr Anand Joshi, Dr Sumit Agarwal	
04:17 PM - 04:25 PM	Grade 7 alopecia- complete coverage	Dr Anup Sarda
04:25 PM - 04:33 PM	Transplant in Scarring alopecia	Dr Jayant Dash
04:33 PM - 04:43 PM	Overview of Regenerative medicine in hair fall	Dr Viral Desai
04:43 PM - 04:49 PM	PRP- standards and protocols	Dr Smriti Nathani
04:49 PM - 04:55 PM	Clearing the air on Exosomes	Dr V S Rathore

SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL D

TIME	TOPIC	SPEAKER
04:55 PM - 05:20 PM	Panel- Regenerative medicine the future Chair : Dr Dayanand, Dr Anand Joshi , Dr Sumit Agarwal	Panellist : Dr Ashutosh, Dr Smriti Nathani, Sumit Agarwal, Dr V S Rathore, Dr Viral Desai Moderator : Dr Medha Bhave
05:20 PM - 05:26 PM	Thinking beyond Minoxidil- newer topicals	Dr Aniketh Venkatraman
	Chair : Dr Abizer Kapadia, Dr Jyoshid Balan , Dr Kunal Sayani	
05:26 PM - 05:32 PM	Permanent make up and SMP	Dr Ashutosh Shah
05:32 PM - 05:38 PM	Long HAIR Transplant	Dr Sajal Halder
05:38 PM - 05:44 PM	Robotic hair transplant- where are we today	Dr Sanjay Parashar
05:44 PM - 05:52 PM	Beyond the strip- mathematical basis of FUE superiority in advanced baldness	Dr. Jayanthi Ravindran
05:52 PM - 06:02 PM	Q AND A	
06:02 PM - 06:22 PM	Discussion and Debate on interesting answers	Moderator : Dr. Viral Desai Panellist : Dr. Manoj Khanna, Dr Sajal Halder, Dr. Jayanthi R, Dr. Jayant Dash, Dr. Umang K, Dr. Anand



SCIENTIFIC PROGRAM

DAY 2 : Friday 23rd JANUARY, 2026

BREAKAWAY SESSIONS - HALL E

TIME	TOPIC	SPEAKER
07.00 AM - 08.00 AM	Master Class - Adipogenesis	Dr Narendra Kumar
01:15 PM - 01:25 PM	Use of Dermabond advance and Stratafix in aesthetic surgeries	Dr Saumil Shah
04:30 PM - 05:00 PM	Tea Break	

DR SHEILA ROHATGI WORKSHOP HALL

TIME	TOPIC	SPEAKER
12:00 PM - 01:00 PM	Precision that feels like magic! Mastering 1470nm Microlift	Dr Umang Kothari/ Dr Vikram Singh Rathore
02:30 PM - 04:30 PM	Aptos Basic Training Workshop	Dr Ahmed Abdelaziz
04:30 PM - 05:00 PM	Tea Break	
05:00 PM - 06:30 PM	Mint Threads Workshop	Dr Shilpi Bhadani



SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

MASTER CLASS

TIME	TOPIC	SPEAKER
07.00 AM - 08.00 AM	Master Class - 1 Mastopexy augmentation: demystify the myth	Dr Moustapha Hamdi
07.00 AM - 08.00 AM	Master Class - 2 New frontier in plastic and aesthetic surgery and fat grafting	Dr Amin Kalaaji
07.00 AM - 08.00 AM	Master Class - 3 AM Lift: Dawn to a new you	Mr Ajay Mahajan
07.00 AM - 08.00 AM	Master Class - 4 Advances in Lipoabdominoplasty	Dr Osvaldo Saldanha
07.00 AM - 08.00 AM	Master Class - 5 Rib Excision for contouring	Dr Raul Manzaneda



SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

TIME	TOPIC	SPEAKER
08:00 AM - 08:30 AM	Breakfast	
08:30 AM - 09:50 AM	1st Plenary Session - Breast	
	Chair : Dr Anup Dhir, Dr Karthik Ramasamy, Dr Varun Dixit	
08:30 AM - 08:45 AM	KEY NOTE ADDRESS- New trends in breast surgery	Dr Amin Kalaaji
08:45 AM - 09:00 AM	Breast definition	Dr Osvaldo Saldanha
09:00 AM - 09:20 AM	Inner bra Mastopexy -different meshes, different results DR. S. P. ARUMUGAM ORATION	Dr Moustapha Hamdi
09:20 AM - 09:35 AM	Breast Reduction - Where does the pedicle come from ?	Dr Sanjay Parashar
09:35 AM - 09:50 AM	Subglandular breast augmentation ?	Dr Devinder Singh
09:50 AM - 10:00 AM	Breast reduction marking	Mr Ajay Mahajan
10:00 AM - 10:15 AM	Managing pocket in secondary breast implant surgery –Goa Aesurg 22 Endowment Lecture	Mrs Nora Nugent
10:15 AM - 10:30 AM	Breast lipofilling my experience	Dr Abeer Abdulshakoor
10:30 AM - 11:00 AM	TEA TIME	
	Chair : Dr Medha Bhave, Dr Rajat Gupta, Dr Saumya Nayak	
11:00 AM - 11:15 AM	KEY NOTE ADDRESS - Brussels cocktail - a successful recipe for breast augmentation	Dr Moustapha Hamdi
11:15 AM - 11:35 AM	LADE - Lipoabdominoplasty with anatomical definition update DR. S. S. SETHI ORATION	Dr Osvaldo Saldanha
11:35 AM - 11:50 AM	Rib moulding	Dr Raul Manzenada
11:50 AM - 12:05 PM	Tulua	Dr Francisco Villegas
12:05 PM - 12:20 PM	Planning chestplasty and backplasty in MWR	Dr Dean Gomes

SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

TIME	TOPIC	SPEAKER
12:20 PM - 12:35 PM	Male facial aesthetics	Dr Lina Triana
12:35 PM - 12:55 PM	Beyond skin removal advanced aesthetic restoration after MWL	Dr Rukmini Rednam
12:55 PM - 01:10 PM	Reverse abdominoplasty /upper body contouring	Dr Melinda Haws
01:10 PM - 01:25 PM	Sharp Abdominoplasty	Dr Rajat Gupta
01:25 PM - 02:30 PM	Lunch Masterclass: Dr Samir Ghoraba : Finesse in endoscopic forehead and brow lift	Dr Umang Kothari



SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL A

TIME	TOPIC	SPEAKER
	Chair : Dr Ravi Mahajan, Dr Rajesh Vasu, Dr Priya Bansal, Dr Sanjay Mahendru	
02:30 PM - 02:40 PM	Breast reduction - surgical tailoring	Dr Kapil Agarwal
02:40 PM - 02:50 PM	Breast augmentation : basic rules	Dr Chiara Botti
02:50 PM - 03:00 PM	Volume assessment as a key to precision in correcting Breast asymmetry	Dr Ashish Davalbhakta
03:00 PM - 03:10 PM	Redefining nipple position in breast reduction	Dr Kovarthini Ravikumar
	Chair : Dr Ravi Mahajan, Dr Rajesh Vasu, Dr Priya Bansal, Dr Sanjay Mahendru	
03:10 PM - 03:20 PM	Breast asymmetry planning and execution	Dr Aditya Aggarwal
03:20 PM - 03:30 PM	High definition chest contouring	Dr Sundeep Raghavan
03:30 PM - 03:40 PM	Management of asymmetric breast	Dr Sujata Sarabahi
03:40 PM - 03:50 PM	Hall Findlay technique for breast reduction	Dr Rajendra Nehete
03:50 PM - 04:00 PM	Breast reduction preventing complications	Dr Arjun Handa
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr Sujata Sarabahi, Dr Viraj Tambwekar, Dr Kovarthini, Dr Sanjay Giri	
04:15 PM - 04:25 PM	26 years experience on achieving excellence and averting complications	Dr Rajesh Vasu
04:25 PM - 04:35 PM	Horia siclovan suspension augpexy	Dr Jayanthi Ravindran



SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL A

TIME	TOPIC	SPEAKER
04:35 PM - 04:45 PM	Wuringer septum based breast reduction	Dr Milan Doshi
04:45 PM - 04:55 PM	Augmentation Mastopexy	Dr Varun Dixit
04:55 PM - 05:05 PM	Superomedial or inferior pedicle? The debate in breast reduction	Dr Raman Sharma
05:05 PM - 05:15 PM	Art of Cosmetic consultation	Dr Anup Dhir
05:15 PM - 05:25 PM	Dual plane augmentation	Dr Akshay Raut
05:25 PM - 05:35 PM	My experience on Reduction Mammoplasty	Dr Laxmi Kanta Mishra
05:35 PM - 05:45 PM	Is the Concept of Vertical Scar Reduction Possible for Every Breast?	Dr Karan Shetty
05:45 PM - 05:55 PM	Facial contouring with EBD	Dr Jayant Dash
05:55 PM - 06:05 PM	Breast reduction Mckissock	Dr Hemant Kumar



SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL B

TIME	TOPIC	SPEAKER
02:00 PM - 02:30 PM	GC Aesthetics Launch Chair : Mr Didier (APAC GC), Mr Jinang Dhami	Dr Carlos Corrales, Dr Medha Bhave, Dr Lakshyajit Dhami
02:30 PM - 02:50 PM	Debate – Breast implant illness – myth, misdiagnosis, or reality? Chair : Dr Amiti Shah/ Dr Preetish Bhavsar	Dr Saumya Khanna/ Dr Melinda Haws / Dr Abdul Shakoor/ Dr Carlos Corrales
	Chair : Dr Anjana Malhotra, Dr Seema Rekha Devi, Dr Satish H.V,	
02:50 PM - 03:00 PM	How my breast surgery consults have changed for 2025	Dr Melinda Haws
03:00 PM - 03:10 PM	Breast implant - Mastopexy revision without mesh	Dr Melinda Haws
03:10 PM - 03:20 PM	A new breast measuring two ended ruler its assessment fix the safe procedure	Dr Alexander Kutubidze
03:20 PM - 03:30 PM	12 years experience with GalaFlex scaffolds in aesthetic and revision breast surgery	Dr Onelio Garcia Jr
03:30 PM - 03:40 PM	Breast lift Mastopexy with B-Lite implant and use of gala flex mesh or dermal sling	Dr Abizer Kapadia
03:40 PM - 03:50 PM	Master in Breast procedure innovation lift and reduction	Dr Karthik Ramasamy
03:50 PM - 04:00 PM	Augmentation Mastopexy -how I do it	Dr Manoj Khanna
04:00 PM - 04:15 PM	Tea Time	
	Chair : Mr Shailesh Vadodaria, Dr R.K.Mishra, Dr Devayani Barve	
04:15 PM - 04:25 PM	Breast reconstruction and its impact on quality of life	Dr Sanjay Giri
04:25 PM - 04:35 PM	Secondary rhinoplasty: Pearls and pitfalls	Dr Raja Tiwari
04:35 PM - 04:45 PM	Breast implant registry of Bharat	Dr Soumya Khanna

SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL B

TIME	TOPIC	SPEAKER
04:45 PM - 04:55 PM	Redefining Gynaecomastia grading using anthropometric parameters and surgical algorithm	Dr Mohammad Nishar
04:55 PM - 05:05 PM	Nuanced outcomes following implant based breast augmentation in transgenders retrospective analysis on modified aesthetic satisfaction scoring	Dr Aparna Kanungo
05:05 PM - 05:15 PM	Application of various forms of costal cartilage in Augmentation Rhinoplasty	Dr Snehjeet Wagh
05:15 PM - 05:25 PM	Ultimate guide to male chest contouring -a single centre experience from north India	Dr Mukta Verma
05:25 PM - 05:35 PM	Single-Incision Lipo-Excision Technique for Gynecomastia: Refining the Minimal-Scar Approach in Male Chest Contouring.	Dr Samik Sharma
05:35 PM - 05:45 PM	Gynaecomastia overview and recent advances	Dr Satyabrata Mohanty
05:45 PM - 05:55 PM	Gynaecomastia surgery -technique and complication avoidance	Dr Suraj Singh Chauhan
05:55 PM - 06:05 PM	Single incision periareolar lipo-excision for Gynaecomastia	Dr Soham Shah
06:05 PM - 06:15 PM	Gynaecomastia under local anaesthesia	Dr Sohank Mewada
06:15 PM - 06:25 PM	Mock Superomedial Pedicle: A New Found Answer for Massive Gigantomastia	Dr Sheerin Shah



SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL C

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Debate – Nanofat and stem cell–enriched fat grafting – science or hype? Chair : Dr Devayani Barve / Dr Mayur Shetty	Dr Amin Kalaaji/ Dr Kuldeep Singh/ Dr Venkat Ramana / Dr TM Lin
	Chair : Dr Dean Gomes, Dr Parag Sahasrabuddhe, Dr Sheeja Rajan	
02:50 PM - 03:00 PM	TBD	TBD
03:00 PM - 03:10 PM	Restoring symmetry through asymmetry: a structured approach to crooked nose correction using asymmetric osteotomies and spreader grafts	Dr Mayur Shetty
03:10 PM - 03:20 PM	Fat Grafting & PRP for facial contouring	Dr Sunil Gaba
03:20 PM - 03:35 PM	Melanocyte transfer -where science meets aesthetics	Dr Kavita Agarwal
03:35 PM - 03:45 PM	Publishing in aesthetic surgery journals	Dr Dinesh Kadam
03:45 PM - 03:55 PM	Art and science of marketing for plastic surgeon	Dr Mayuresh Deshpande
03:55 PM - 04:05 PM	Transcending boundaries in difficult aesthetic rhinoplasty	Dr Rajiv Agarwal
04:05 PM - 04:20 PM	Tea Time	
	Chair : Dr Rajiv Agarwal, Dr Nikunj Modi, Dr Ashish Magdum	
04:20 PM - 04:30 PM	Optimising Breast Implant Outcomes Using a No-Touch Technique with Implant Funnel	Dr. Itishree Gupta
04:30 PM - 04:40 PM	Evolving cardiometabolic care paradigms with semaglutide 2.4mg in people living with obesity	Dr Rajiv Kovil
04:40 PM - 04:50 PM	Management of a crooked nose :does aetiology determine choice of surgical approaches and intraoperative challenges	Dr Nupur Agarwal

SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL C

TIME	TOPIC	SPEAKER
04:50 PM - 05:00 PM	Regulating aesthetic practice : A country's experience and lessons learnt	Dr Shah Jummat
05:00 PM - 05:06 PM	Mock Superomedial Pedicle and NAC Graft: A Novel Technique to Produce Aesthetic Breasts in Gigantomastia Cases	Dr Shruti Chaturvedi
05:06 PM - 05:12 PM	A Pedicle-Based Approach to Natural Volume Enhancement in Autoaugmentation Mastopexy	Dr Tanvi Rao
05:12 PM - 05:18 PM	Columellar Lengthening in Primary and Secondary Rhinoplasty for Binder's Syndrome: A Fresh Perspective	Dr Parth Deshmukh
05:18 PM - 05:24 PM	Breast Augmentation in Male-to-Female Transgender Patients: Our Institutional Approach	Dr. Khushboo Kadakia
05:24 PM - 05:30 PM	Oncoaffirming Surgery: A Case of Incidental Intraductal Papillary Carcinoma Identified During Gender-Affirming Chest Masculinization	Dr Jiwon Jeong
05:30 PM - 05:36 PM	Changing Aesthetic Priorities Before and After Reduction Optimising results and safety in Gynecomastia surgery – an evolving journey . Patient and Surgeon Perspective	Dr Rithvik Khakhar
05:36 PM - 05:42 PM	Treatment options and camouflage techniques for a facial scar –a self experiment saga	Dr Risha Shetty
05:42 PM - 05:48 PM	Reading the subcutaneous clock; unmasking age-driven fat redistribution with MRI	Dr Likhita Singh
05:48 PM - 05:54 PM	Scar-Minimizing Approach in the Surgical Management of Multiple Lipomas: A Prospective Clinical Study".	Dr. Ateev Singh
05:54 PM - 06:00 PM	New Atraumatic Retractor in Rhinoplasty: Preserving Columellar Integrity and Enhancing Exposure	Dr. Sushrut Raut
06:00 PM - 06:06 PM	Lipoma -liposuction is primary choice	Dr Shashikant Maddu
06:06 PM - 06:12 PM	Illuminating Precision: Redefining Accuracy and Safety in Breast Reduction Using Intraoperative ICG Angiography	Dr. Serena K Bharathkar

SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL D

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Debate – Large-volume fat grafting – how safe is it in the long term? Chair : Dr Yogesh Jaiswal	Mr Shailesh Vadodaria / Dr Lina Triana / Dr Rajat Gupta / Dr Rukmini Rednam
	Chair : Dr P. V. Sudhakar, Dr Dr Shivprasad Date, Dr Yogesh Jaiswal	
02:50 PM - 03:00 PM	Hybrid Breast Augmentation simple steps for predictable results	Dr Demidchik Eugenia
03:00 PM - 03:10 PM	Retrospective analysis of Q switch nd yag laser for facial tattoos in Indian pt	Dr Arvind Hoshamani
03:10 PM - 03:20 PM	PRP using Y cell tubes in plastic surgery	Dr Pushkar Deshpande
03:20 PM - 03:30 PM	CT-Based Quantification of Harvestable Nasal Septal Cartilage in the Indian Population	Dr Prakhar Kesarwani
03:30 PM - 03:40 PM	Redefining predictability in nasal Aesthetics : balancing dynamicity with stability of the tip for long term results	Dr Mayur Shetty
03:40 PM - 03:50 PM	Artificial intelligence in plastic surgery	Dr Anshumi Janak
03:50 PM - 04:00 PM	Training opportunities for plastic/aesthetic surgery in the USA	Dr Anshumi Janak
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr Mayur Shetty, Dr Anjali Saple, Dr Varsha Bundele	
04:15 PM - 04:25 PM	Institutional (government medical college) experience of rhinoplasty in a government medical college -A single Center study	Dr Bandaru Kavitha Priyadarshini
04:25 PM - 04:35 PM	Laser management of scars: clinical experience using Fractional Co2 , Er:YAG,PDL and Nd:yag lasers	Dr Arunesh Gupta

SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL D

TIME	TOPIC	SPEAKER
04:35 PM - 04:45 PM	Superomedial pedicle breast reduction : maximising upper pole fullness with minimal effort	Dr Shamala Durairajanayagam
04:45 PM - 04:55 PM	New approach in cleft lip-palate secondary rhinoplasty	Dr Vishwadeep
04:55 PM - 05:05 PM	High definition Vaser Liposuction for Arm contouring	Dr Ashish Khare
05:05 PM - 05:15 PM	Comprehensive Plastic Surgery Training: The Cornerstone of Safe and Ethical Aesthetic Practice	Dr Sannia Salim
05:15 PM - 05:25 PM	The OCCULT Technique for Gynecomastia: A Multicentric Study Using Ultrasound and Power-Assisted Devices through lateral incision	Dr Gautam Chaudhury
05:25 PM - 05:35 PM	Enhancing Gluteal Contour with Autologous Gluteal Flaps: A Natural Approach to Buttock Augmentation	Dr Mahamood Aseef
05:35 PM - 05:45 PM	Assessing aesthetic surgery training in India - A survey by young plastic surgeon	Dr Ashita Kohli
05:51 PM - 05:57 PM	Long Hair FUE: Technological Innovation or Just a Myth?	Dr Neeraj Bhaban
05:57 PM - 06:03 PM	Lip Augmentation Using Autologous Dermal Grafts: A Surgical approach to PERMANENT, NATURAL & SYMMETRICAL ENHANCEMENT	Dr Haritha Badam
06:03 PM - 06:09 PM	Fat grafting for harmonizing faces in complex asymmetry cases	Dr Ashwini Topugonda
06:09 PM - 06:15 PM	Granulomatous Skin Reactions Following Tattooing and Cosmetic Micropigmentation: A Systematic Review of Clinical Patterns and Outcomes	Dr Yadavalli Ranga Dixit Rajan

SCIENTIFIC PROGRAM

DAY 3 : Saturday 24th JANUARY, 2026

BREAKAWAY SESSIONS - HALL E

TIME	TOPIC	SPEAKER
07.00 AM - 08.00 AM	Master Class - Rib Excision for contouring	Dr Raul Manzaneda
12.30 PM - 01.30 PM	Motiva Ergonomic KOL talk	Dr. Chiara Botti
02:30 PM - 03:30 PM	Silimed implant talk	Dr Osvaldo Saldanha
03:30 PM - 04:30 PM	Infinite Threads talk	Dr Amit Gupta

DR SHEILA ROHATGI WORKSHOP HALL

TIME	TOPIC	SPEAKER
12:00 PM- 01:00 PM	Laser workshop: Science and art of aesthetic lasers (Reveal)	Dr Shilpi Bhadani
03:30 PM - 04:30 PM	Inmode Talk - Comprehensive aesthetic solutions - Learn, evolve, ignite and transform your aesthetic practice	Dr Harsh Amin, Dr Devayani Barve
04:30 PM - 05:00 PM	Leader medical Exosomes workshop	Dr Viral Desai
05:00 PM - 06:30 PM	Aptos advanced workshop	Dr Ahmed Abdelaziz



SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

MASTER CLASS

TIME	TOPIC	SPEAKER
07.00 AM - 08.00 AM	Master Class - 1 Secondary breast implant surgery	Mrs Nora Nugent
07.00 AM - 08.00 AM	Master Class - 2 How I choose my implant	Dr Lina Triana
07.00 AM - 08.00 AM	Master Class - 3 Body contouring with VASER	Dr Onelio Garcia
07.00 AM - 08.00 AM	Master Class - 4 Body contouring after MWR	Dr Rukmini Rednam
07.00 AM - 08.00 AM	Master Class - 5 Breast enhancement and Body contouring	Dr Melinda Haws



SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

TIME	TOPIC	SPEAKER
08:00 AM - 08:30 AM	Breakfast	
08:30 AM - 10:00 AM	1st Plenary session - Abdomen and fat grafting	
	Chair : Dr Lakshyajit Dhami, Dr Vinod Vij, Dr Dinesh Kadam	
08.30 AM - 08.45 AM	Fat grafting for primary breast augmentation and post mastectomy reconstruction	Dr TM Lin
08:45 AM - 09:05 AM	Good,bad and ugly aesthetic plastic roller coaster ride in London - opportunity of unending learning PROF C R. SUNDERRAJAN ORATION	Mr Shailesh Vadodaria
	Chair : Dr Lakshyajit Dhami, Dr Vinod Vij, Dr Dinesh Kadam	
09:05 AM - 09:25 AM	Breast implant explanation or down size - not everyone needs a Mastopexy	Dr Melinda Haws
09:25 AM - 09:40 AM	Neck Contouring A to Z	Dr Jayanthi Ravindran
09:40 AM - 09:55 AM	Aesth-ethics	Dr Milind Wagh
09:55 AM - 10:10 AM	Revolutionary change in obesity treatment-transformative weight loss from STEP trials	Dr Anand Bhave
10:10 AM - 10:30 AM	Breaking bad news	Dr Harish Shetty, Dr Apurva Samant
10:30 AM - 11:00 AM	TEA TIME	
11:00 AM - 01:00 PM	2nd Plenary session - Abdomen Chair : Dr Rakesh Kalra, Dr Aditya Aggarwal, Dr Mahesh Nair	
11:00 AM - 11:15 AM	KEY NOTE ADDRESS - Fundamentality of Liposuction, blood loss, tightening and outcomes	Dr Sanjay Parashar
11:15 AM - 11:35 AM	Years passed and years ahead Past President Oration	Dr Roy Kanjoor
11:35 AM - 11:50 AM	Body contouring with VASER	Dr Onelio Garcia Jr

SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

TIME	TOPIC	SPEAKER
11:50 AM - 12:05 PM	Role of informed consent in plastic surgery	Mr Amit Karkhanis
12:05 PM - 12:15 PM	Achieving sculpted beauty :precision technique for high definition abdominal and pectoral etching with minimal incisions	Dr Karthik Ramasamy
12:15 PM - 12:25 PM	Infra mammory fold violation in Breast augmentation- how to avoid	Dr Paraskevas Vakis Kontoes
12:25 PM - 12:35 PM	Hoodplasty , Labiaplasty	Dr Lina Triana
12:35 PM - 12:45 PM	AI in aesthetic and plastic sx	Dr Sanjay Parashar
12:45 PM - 12:57 PM	Safe Body Sculpting	Dr Rakhimov Akhmed
12:57 PM - 01:09 PM	Gluteal implants vs fat	Dr Lina Triana
01:09 PM - 01:19 PM	Advanced indications of thread lifting	Dr Ahmed Abdelaziz
01:19 PM - 01:30 PM	Body Dysmorphic Disorder and cosmetic surgery	Dr Anup Dhir
01:30 PM - 02:30 PM	Lunch time Master Class : Dimple Creation Convenor : Dr Ashish Magdum	Mr Shailesh Vadodaria



SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL A

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Debate - Does it help if your parent is a plastic surgeon? Chair : Dr Preetish Bhavsar / Dr Eulalia D'souza	Dr Sunil Keswani / Dr Ruchika Rajan / Dr Sandeep Sharma / Dr Ashish Davalbhakta / Dr Viraj Tambwekar
	Chair : Dr Ashutosh Shah, Dr Milan Doshi, Dr Venkateshwaran	
02:50 PM - 03:00 PM	Patient safety survey in aesthetic surgery- Indian perspective	Dr Amin Kalaaji
03:00 PM - 03:10 PM	Diet -key to results in aesthetic procedure	Dr Jas Kohli
03:10 PM - 03:20 PM	Difficult areas of liposuction arms /thighs /face	Dr Karishma Kogadu
03:20 PM - 03:30 PM	Vaser liposuction advancing precision body contouring in Aesthetics surgery	Dr Saumya Nayak
03:30 PM - 03:40 PM	Waistline contouring 360 degree	Dr Kedarnath Pandya
03:40 PM - 03:50 PM	Fat grafting - myths and facts	Dr Sanjay Mahendru
03:50 PM - 04:00 PM	Post bariatric body contouring	Dr Giriraj Gandhi
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr Amresh Baliarsing, Dr Sagar Gundewar, Dr Leena Jain	
04:15 PM - 04:25 PM	Genioplasty: Various techniques, precision and aesthetic outcome	Dr S. B. Ramya
04:25 PM - 04:35 PM	Achieving natural and consistent results in high definition liposuction /tummy tuck	Dr Arjun Handa
04:35 PM - 04:45 PM	Tip to improve result from female to male - Top Surgery	Dr Ashutosh Shah
04:45 PM - 04:55 PM	Bespoke lower body contouring after massive weight reduction	Dr Sandeep Jain

SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL A

TIME	TOPIC	SPEAKER
04:55 PM - 05:05 PM	Role of upper body lift in achieving harmonious silhouette for male torso post massive weight loss	Dr Chahat Verma
05:05 PM - 05:15 PM	Modern hand rejuvenation methods	Dr Sharobaro Valentin
05:15 PM - 05:21 PM	Abdominal scar improvement post breast reconstruction	Dr Prashant Puranik
05:21 PM - 05:27 PM	Aesthetic excision and contour restoration in massive abdominal wall Desmoid tumour surgical challenge	Dr Likhita Singh
05:27 PM - 05:33 PM	Marking in HD lipo either Male torso, Female Torso male abdomen and female abdomen	Dr Anup Mohan
05:33 PM - 05:39 PM	Safety check in lipo	Dr Anup Mohan
05:39 PM - 05:45 PM	Patient-reported outcomes of penile inversion(PIV) vs colon vaginoplasty(CV) in transwomen	Dr Shramya Kumar
05:45 PM - 05:51 PM	International humanitarian surgical volunteering	Dr Mahesh Prabhu
05:56 PM - 06:06 PM	Liposuction vs excisional procedure	Dr Abhinav Agarwal



SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL B

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Panel Discussion -Factors Influencing Litigation Compensation in Plastic Surgery Moderator : Dr Rajat Gupta	Dr Harish Shetty and team/ Mr Amit Karkhanis / Dr Rajat Gupta
	Chair: Dr Rajendra Nehete, Dr Jiten Kulkarni, Dr Raja Shanmuga Krishnan	
02:50 PM - 03:00 PM	Female lipo definition	Dr Osvaldo Saldanha
03:00 PM - 03:10 PM	Polyurethane breast implants: what is so special about them?	Dr. Anirban Ghosh
03:10 PM - 03:20 PM	Emotional health, stress and therapeutic approaches in body dysmorphic disorders: a systematic review	Dr Kuldeep Singh
03:20 PM - 03:30 PM	Overview of tissue expander	Dr Pradeep Goil
03:30 PM - 03:40 PM	our experience with gynaecomastia surgery and integrating surgeon -assessed and patient -reported outcome	Dr Rajan Y R D
03:40 PM - 03:50 PM	A Tale of two ports :Comparative Outcomes of single -and double -port technique in Gynaecomastia Management	Dr Sheikh Sarfraz
03:50 PM - 04:00 PM	Cryolipolysis through controlled cooling induces early beiging in white adipose tissue: molecular and clinical perspective"	Dr. Kuldeep Singh
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr R. Venkatesh, Dr. Maneesh Singhal Dr Sudhanshu Tripathi	
04:15 PM - 04:25 PM	Practice management-leveraging negative online feedback for quality improvement in clinical practice ; strategies,results and recommendations	Dr Siddharth Mendiratta

SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL B

TIME	TOPIC	SPEAKER
04:25 PM - 04:35 PM	Management of complex septal deviations: do form and function go hand in hand	Dr Jiten Kulkarni
04:35 PM - 04:45 PM	Birth and journey of center of excellence	Dr Maneesh Singhal
	Chair : Dr R. Venkatesh, Dr Satish H.V, Dr Sudhanshu Tripathi	
04:45 PM - 04:51 PM	Assessment of Functional Improvement and Aesthetic Satisfaction in Rhinoplasty Patients Using SCHNOS Assessment Tool	Dr Anushka Gupta
04:51 PM - 04:57 PM	Hair Transplant: Beyond Aesthetic Restoration – A Safety-Centered Approach	Dr Yash Thakkar
04:57 PM - 05:03 PM	Does Gland Excision Matter? Evaluating Surgical Outcomes in Grade III & IV Gynecomastia – A Tertiary Care Experience.	Dr Ravi Kumar
05:03 PM - 05:09 PM	Use of Radiofrequency-assisted Liposuction (Bodytite) for "chest-lift" in patients undergoing gynecomastia correction	Dr Aneesh Suresh
05:09 PM - 05:15 PM	Contours of confidence- Psychosocial recovery through gynecomastia correction	Dr Kriti Jain
05:15 PM - 05:21 PM	Single-Incision Lipo-Excision Technique for Gynecomastia: Refining the Minimal-Scar Approach in Male Chest Contouring."	Dr Samik Sharma
05:21 PM - 05:27 PM	Lateral Wall Grafts in Augmentation Rhinoplasty: Enhancing Aesthetic and Functional Outcomes	Dr Girish Mirajkar
05:27 PM - 05:33 PM	Approach to asymmetric breasts and their correction: Our experience	Dr Aakanksha Goel
05:33 PM - 05:39 PM	Autologous fat transfer and long Term storage techniques and review and outcome	Dr Hemant Kumar
05:39 pm -05:45 pm	Restoring form after flow : surgical excision and aesthetic reconstruction of facial arteriovenous malformations – our experience and results	Dr Jayakumar

SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL C

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Panel Discussion - Brazilian Butt Lift (BBL) – artistry & safety concerns. Chair : Dr Priya Bansal, Dr Sudhanva Hemantkumar	Dr Osvaldo Saldanha / Dr Lina Triana/ Dr Onelio Garcia Jr/ Dr Priti Shukla
	Chair: Dr Ajay Hariani, Dr Itishree Gupta, Dr Parag Vibhakar	
02:50 PM - 03:00 PM	High Definition Contouring	Dr Ahmed Abdelaziz
03:00 PM - 03:10 PM	Technologies assisted abdominoplasty (using barbed suture,insorbstapler and negative pressure dressings)	Dr Devinder Singh
03:10 PM - 03:20 PM	Facial aesthetics in cleft patients	Dr Nitin Mokal
03:20 PM - 03:30 PM	Practice management-incorporating chat gpt for aesthetic practice marketing	Dr Siddharth Mendiratta
03:30 PM - 03:40 PM	A novel injection technique designed to mitigate the risk of ocular complications in nasal filler procedures	Dr Abi Sinduja
03:40 PM - 03:50 PM	Patient related outcomes in the management of crooked nose	Dr Ritika Parmar
03:50 PM - 04:00 PM	Synergistic Efficacy of Combined Microneedling (DermaPen) and Fractional CO ₂ Laser Therapy in Facial Rejuvenation and Acne Scar Remodeling	Dr Unmesh Kumar Jena
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr Unmesh Kumar Jena, Dr Amiti Shah, Dr Aparna Kanungo	
04:15 PM - 04:25 PM	The importance of surface texture in implant stabilization and revision surgery	Dr Carlos Corrales
04:25 PM - 04:35 PM	Arm Contouring - Liposuction to Brachioplasty	Dr Ritesh Patel

SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL C

TIME	TOPIC	SPEAKER
04:35 PM - 04:45 PM	From Concept to clinical success : our experience with Otoplasty	Dr Devika Rakesh
04:45 PM - 04:55 PM	Augmentation-First Approach for Breast Asymmetry Correction Using Crisalix 3D Imaging.	Dr Harshavardhan Shetty
04:55 PM - 05:01 PM	Endoscopic Trans-Axillary Excision of a Supraclavicular Lipoma – A Patient-Centric Approach	Dr Tanvi Arora
05:01 PM - 05:07 PM	Beyond the filters - Pre-procedure perspective vs Post-procedure satisfaction in Non-surgical vs Surgical Rhinoplasty".	Dr Shreya Revankar
05:07 PM - 05:13 PM	Seroma in Breast Surgery	Dr Kiseleva Daria
05:13 PM - 05:19 PM	Combined CO ₂ and Q-Switched Nd:YAG Laser Therapy in Nevus of Ota: A Case Series of Seven Patients	Dr Purak Misra
05:19 PM - 05:25 PM	Piezo Rhinoplasty	Dr Sajal Halder
05:25 PM - 05:31 PM	Optimising results and safety in Gynecomastia surgery – an evolving journey	Dr. Rajan Tondon
05:31 PM - 05:37 PM	Addressing Challenges in Revision Asian Blepharoplasty: Experience from 50 Consecutive Cases	Dr Nehar Sinam
05:37 PM - 05:43 PM	Dimpleplasty	Dr. Chahat Verma
05:43 PM - 05:49 PM	FUT Reinvented to FUES: Leveraging Surgical Skill in Modern Hair Restoration	Dr.Brajesh Pathak



SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL D

TIME	TOPIC	SPEAKER
02:30 PM - 02:50 PM	Debate -Role of robotics and AI in body contouring surgery – futuristic or fantasy? Chair : Dr Raja Tewari/ Dr Venkateshwaran	Dr Dhananjay Nakade, Dr Jas Kohli, Dr Shirin Kathpal
	Chair: Dr Dhananjay Nakade, Dr Jas Kohli, Dr Shirin Kathpal	
02:50 PM - 03:00 PM	Debate-Energy-based devices (HIFU, RF, lasers) vs. surgical lifting – competition or complement?	Dr Jas Kohli/ Dr Nitin Sethi / Dr Varun Dixit/ Dr Vemula Gurukarna
03:00 PM - 03:10 PM	Labiaplasty trim technique	Dr Melinda Haws
03:10 PM - 03:20 PM	HIFU	Dr Jas Kohli
03:20 PM - 03:30 PM	Lipo cube	Dr Anup Dhir
03:30 PM - 03:40 PM	Concept of breast reduction treatment with reduction and implant for upper pole fullness	Dr Amit Gupta
03:40 PM - 03:50 PM	Stacked cartilage graft - Mumbai technique	Dr Uday Bhatt
03:50 PM - 04:00 PM	14 points plan for chin augmentation	Dr Anmol Chugh
04:00 PM - 04:15 PM	Tea Time	
	Chair : Dr Brijesh Mishra, Dr Pradeep Goil, Dr Anmol Chugh	
04:15 PM - 04:25 PM	Fat vs fillers	Dr Varun Dixit
04:25 PM - 04:35 PM	Structural augmentation rhinoplasty with costal cartilage	Dr Mayuresh Deshpande
04:35 PM - 04:45 PM	New design of nasal osteotomy to achieve superior aesthetic result	Dr Udit Dalmia
04:45 PM - 04:55 PM	Liquid face lift with fillers ;nonsurgical paradigm for facial rejuvenation	Dr Vikram Singh Rathod

SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL D

TIME	TOPIC	SPEAKER
04:55 PM - 05:05 PM	Advanced thread lift technique for facial rejuvenation (temporal suspension)	Dr Vikram Singh Rathod
05:05 PM - 05:15 PM	Safety and effectiveness of hybrid hyaluronic acid and calcium hydroxyapatite injectable for midface soft tissue augmentation	Dr Nitin Sethi
05:15 PM - 05:25 PM	Migraine Surgery in India: Early experience and outcomes from a pioneering surgical series	Dr Aniketh Venkataram
05:25 PM - 05:35 PM	Blepharoplasty in Asian	Dr Brijesh Mishra
05:35 PM - 05:45 PM	Beyond wrinkles -Botox in aesthetic scar management	Dr Raman Sharma
05:45 PM - 05:51 PM	Treatment option and camouflage technique for facial scars	Dr Risha Shetty
05:51 PM - 05:57 PM	Surgical Evolution in Gynecomastia Management: From Excision to Energy-Assisted Contouring	Dr Chinmay Tewari
06.00 PM - 07.30 PM	IAAPS General Body Meeting	



SCIENTIFIC PROGRAM

DAY 4 : Sunday 25th JANUARY, 2026

BREAKAWAY SESSIONS - HALL E

TIME	TOPIC	SPEAKER
07.00 AM - 08.00 AM	Master Class - Breast enhancement and body contouring	Dr Melinda Haws
02:30 PM - 03:30 PM	GC Aesthetics	Dr Carlos Corralles
04:30 PM - 05:00 PM	Tea break	
05:00 PM- 06:00 PM	Advances in regenerative medicine:from science to aesthetic practice (Advancecells)	Dr Vikram Singh Rathore

DR SHEILA ROHATGI WORKSHOP HALL

TIME	TOPIC	SPEAKER
12:00 PM- 02:00 PM	Teoxane launch and Demo workshop	Dr Nitin Sethi
02:30 PM - 03:00 PM	Diulcus Talk : Innovative solution for Diabetic Foot ulcers	Dr R Sridhar
03:30 PM - 04:30 PM	Galderma Filler live demo workshop	Dr Viral Desai



SCIENTIFIC PROGRAM

DAY 5 : Monday 26th JANUARY, 2026

MASTER CLASS

TIME	TOPIC	SPEAKER
09:30 AM - 10:30 AM	Macro, micro and nano fat grafting: choosing the right strategy	Dr T M LIN



SCIENTIFIC PROGRAM

DAY 5 : Monday 26th JANUARY, 2026

TIME	TOPIC	SPEAKER
08:00 AM - 08:30 AM	Breakfast	
08:30 AM - 08:45 AM	Flag unfurling	
	Chair : Dr Kapil Agarwal , Dr Venkat Ramana, Dr Priti Shukla , Dr Charu Sharma	
08:45 AM - 08:55 AM	Deep plane face lift	Dr Samir Ghoraba
08:55 AM - 09:05 AM	Face lift in Indian pt	Dr Sanjay Parashar
09:05 AM - 09:15 AM	Blepharoplasty video	Dr Dean Gomes
09:15 AM - 09:20 AM	5 mins –open– dimple creation	Mr Shailesh Vadodaria
09:20 AM - 09:35 AM	Abdominoplasty	Dr Osvaldo Saldanha
09:35 AM - 09:45 AM	Rib contouring/moulding	Dr Raul Manzenada
09:45 AM - 09:52 AM	Marking of breast reduction	Mr Ajay Mahajan
09:52 AM - 10:02 AM	Tulua	Dr Fransisco Villegas
10:02 AM - 10:12 AM	Tip sparing rhinoplasty	Dr Fransisco Villegas
10:12 AM - 10:22 AM	MAFT GUN	Dr TM Lin
10:22 AM - 10:32 AM	Blepharoplasty	Dr Paraskevas Vakis Kontoes
10:32 AM - 10:42 AM	Vaginal rejuvenation with labial shaping	Dr Lina Triana
10:42 AM - 10:52 AM	Labiaplasty	Dr Melinda Haws
10:52 AM - 11:02 AM	Breast implant revision surgery with Mastopexy	Dr Melinda Haws
11:02 AM - 11:12 AM	Breast lift procedure	Dr Abizer Kapadia
11:12 AM - 11:19 AM	Mastopexy with implant	Dr Abizer Kapadia
11:19 AM - 11:29 AM	Periareolar breast augmentation	Dr Manoj Khanna



SCIENTIFIC PROGRAM

DAY 5 : Monday 26th JANUARY, 2026

TIME	TOPIC	SPEAKER
11:29 AM - 11:39 AM	Dual plane breast implants	Dr Sanjay Mahendru
11:39 AM - 11:49 AM	Surgical vaginal rejuvenation	Dr Sourabh Rawat
11:49 AM - 11:59 AM	Endoscopic harvest of septum	Dr Rahul Amble
11:59 AM - 12:09 PM	Operative strategies in transfeminine rhinoplasty	Dr Shivangi Saha
12:09 PM - 12:19 PM	Lower body lift	Dr Sandeep Jain
12:19 PM - 12:29 PM	Auto augmentation breast lift	Dr Priya Bansal
12:29 PM - 12:39 PM	Horia siclovan augpexy	Dr Jayanthi Ravindran
12:39 PM - 12:49 PM	Vaginoplasty	Dr Varsha Bundele
12:49 PM - 12:59 PM	Alar base reduction and tip plasty	Dr Ashutosh Shah
12:59 PM - 01:09 PM	Peritoneal pull through Vaginoplasty	Dr Umang Kothari
01:09 PM - 01:19 PM	Percutaneous suspension technique for endoscopic brow lift	Dr Ashish Davalbhakta
01:19 PM - 01:29 PM	ECS for crooked nose	Dr Sunil Gaba
01:29 PM - 01:39 PM	DCF and DCG video	Dr Sunil Gaba
01:39 PM - 01:49 PM	Costal (Split) and conchal cartilage harvesting Video	Dr Sunil Gaba
01:49 PM - 01:56 PM	Experience With the U-Shaped Triple Lipodermal Flap (7 minute vedio)	Dr Preethy Narayanasamy
01:56 PM - 02:03 PM	Gynaecomastia surgery	D.Mohammed Nishar
02:03 PM - 02:06 PM	Open thigh lift	Dr Giriraj Gandhi
02:06 PM - 02:09 PM	Simplified Steps of Vertical Scar Reduction Mammoplasty Using a Superomedial Pedicle	Dr Arunesh Gupta
02:09 PM - 02:12 PM	SHAPE: A streamlined technique for buccal fat reduction	Dr Priya Bansal
02.12 PM - 02.15 PM	Precision intimate aesthetics: 1470nm Laser Labiaplasty	Dr Umang Kothari





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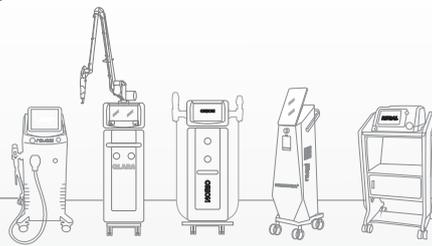
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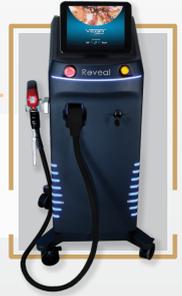
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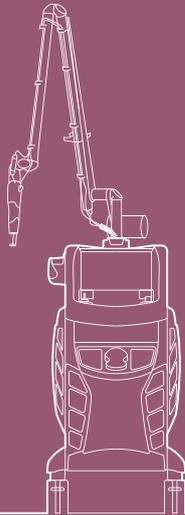
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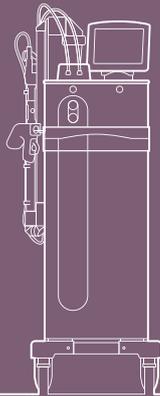
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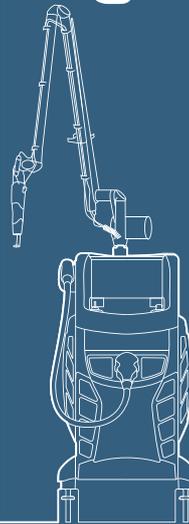
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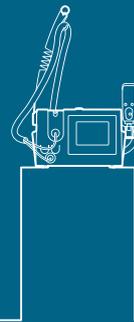
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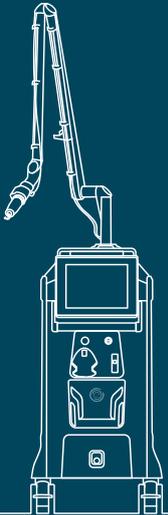
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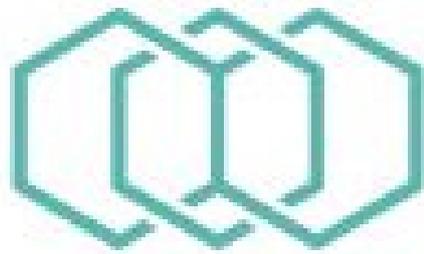


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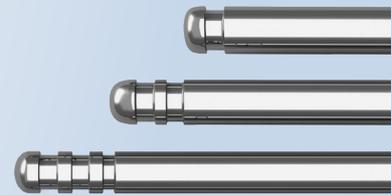
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References: **1.** Galderma. Data on File. MA-56724 X-strain and G' including Shaype; **2.** Nikolis A *et al.* *J Drugs Dermatol.* 2024;23(4):255-61; **3.** Öhrlund Å *et al.* *J Drugs Dermatol.* 2024;23(1):1332-6; **4.** Belmontesi M *et al.* *J Drugs Dermatol.* 2018;17(1):83-8; **5.** Edsman K, *et al.* *Dermatol Surg.* 2012;38:1170-79; **6.** Micheels P, *et al.* *J Drugs Dermatol.* 2016;15(5):600-6; **7.** Restylane® Shaype™. IFU, August 2023; **8.** Restylane® Lyft™. IFU, August 2023; **9.** Restylane®. IFU, August 2023; **10.** Restylane® Eyelight™. IFU, August 2023; **11.** Restylane® Defyne™. IFU, August 2020; **12.** Restylane® Volyme™. IFU, August 2020; **13.** Restylane® Kysse™. IFU, August 2020; **14.** Restylane® Refyne™. IFU, August 2020; **15.** Restylane® Skinboosters Vital Lidocane™. IFU, August 2022; **16.** Restylane® Skinboosters Vital Light Lidocane™. IFU, August 2021; **17.** Philipp-Dormston WG, *et al.* *Dermatol Surg.* 2018;44(6):826-32; **18.** Solish N, *et al.* *J Cosmet Dermatol.* 2019;18(3):738-46; **19.** Lee BM *et al.* *Arch Plast Surg.* 2015;42(3):282-7; **20.** Verpaele A, Strand A. *Aesthetic Surg J.* 2006;26(Suppl.):S10-17; **21.** Gregorio C, *et al.* *Clin Cosmet Investig Dermatol.* 2022;14:681-90; **22.** Nikolis A *et al.* Poster presented at: AMWC, Monte Carlo, Monaco, 2022; **23.** Hilton S, *et al.* *Dermatol Surg.* 2018;44:261-9; **24.** Galderma. Data on file. MA-39680. Global 55 million Restylane® treatments, update 2022; **25.** Galderma. Data on file. MA-55607. Restylane® 27 years data publications analysis, 2023.

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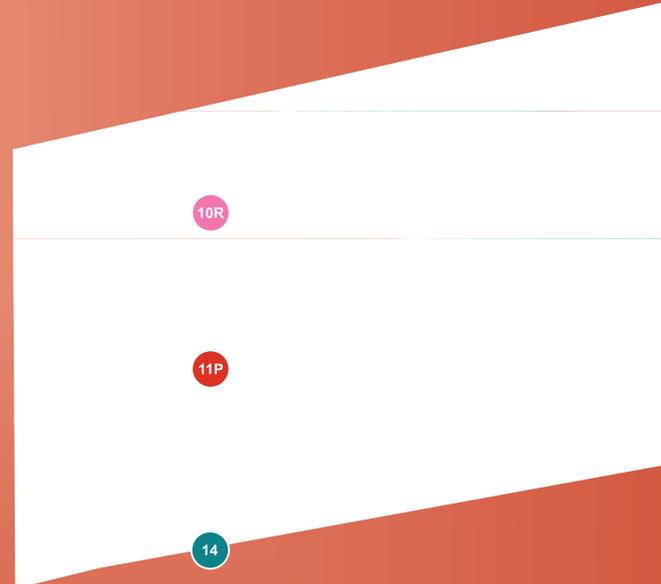
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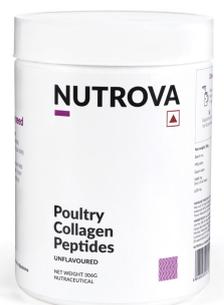
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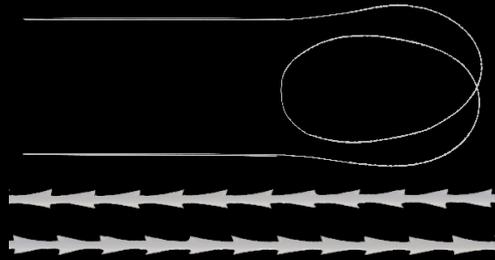


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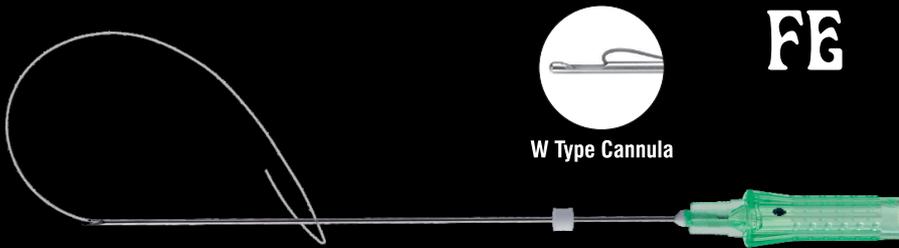
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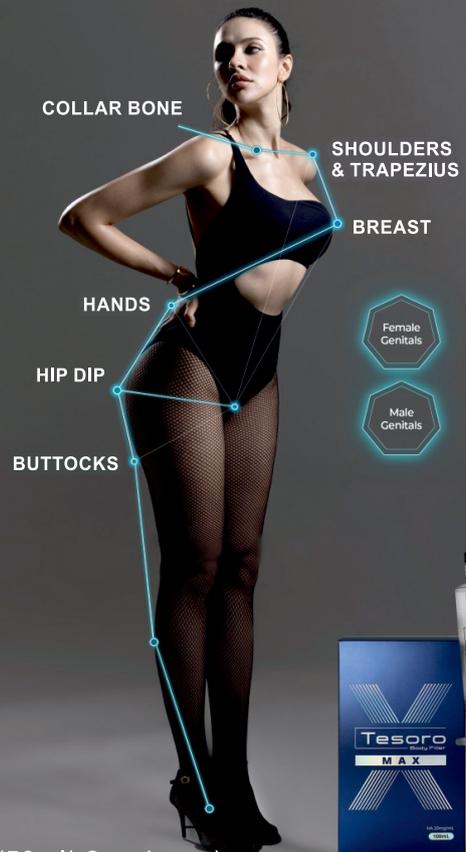
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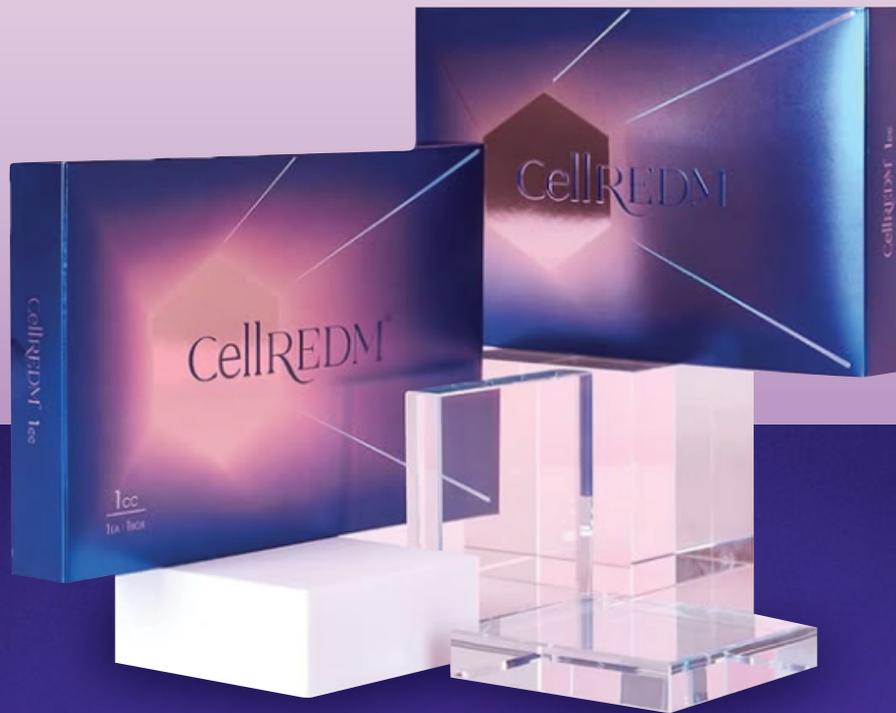
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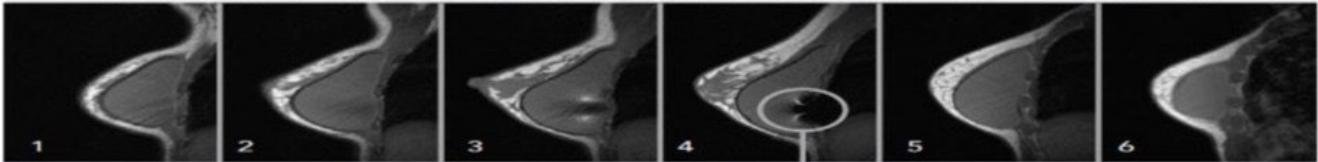
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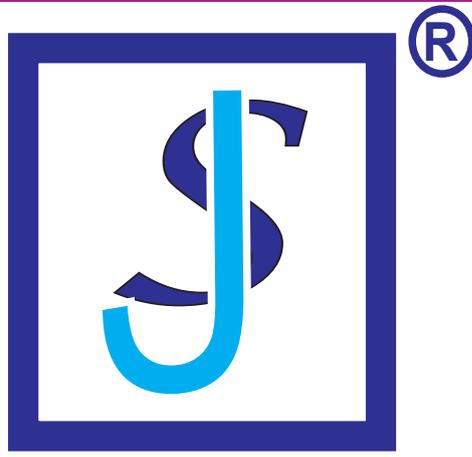
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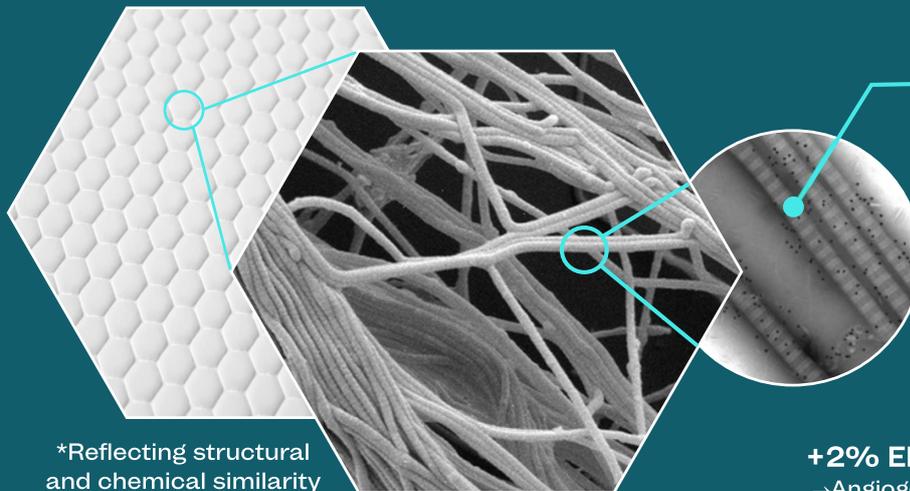
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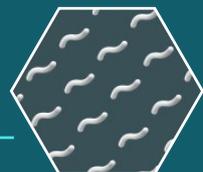
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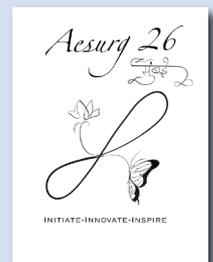


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